Milk and Honey: Part I

John Seymour

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Go Ahead and Live! Is Salable Product; Let’s All Sell It!

"Your new book is important—indeed a challenge to any thinking person today," said one reader. "And fortunately it is readable and full of human interest." It should appeal to anyone who wants to know the truth about farming.

We’re glad for this evaluation, but hasten to note that it is only our evaluation. It gives us hall the confidence we need to go forward. It’s just a very simple thing anyone can do. It is a task, Green Revolution, A Way Out and the entire School of Living effort may cease. I for one do not wish for this to come about. I have received more insight from School of Living literature in the past year than in the previous twenty. I am contributing an additional special effort this year toward a saner society and a more just world. We can’t expect much from the colossus of modern science and writing. We would like to see something different, something different, something different.

We are living in a world where we are forced into it—and having done it for eight years—neither my family nor I feel that we have received any return on our efforts. But we have received more in kind than we ever have in any other manner.

To nourish every cell.

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Don't Take "It" to the Country

By Carolyn B. Guy

Some of the problems of homesteading have not been solved yet. But you can prevent them from getting ahead of you if you take care of your vegetation. Don't take "it" to the country; grow it where you are at home. If you can't, what's the use of coming to the country? You can't do it. You can't afford it. Your family will go with you, so will the weeds. If habits of spending remain the same as in the city, you'll find country living costs even more. It is quite possible to have eggs cost $1.00 a dozen. The housewife who does not change her pattern of housework will find herself just out straight and making the same mistakes as she has been doing at home. It may be helpful if we could have back a home research center for this purpose where we live in Pikeville, Md.

In 1960, Harold and Grace Lefever, Sommerville, Rare Mt. Farm here in Virginia, said, "We'd like to have the Festival at our place this year." They worked it up and it was a grand affair.

In 1962, Joy and Earnest Martin said, "We want the homesteaders to come to our place this year." So they worked and had it near them—used a country church, and centered around a meeting of people who share a "community of like-minded people, leaving the city is certainly worth doing."

In 1964, Marion and Isabelle Pettie said, "Come get to- gether at Ragged Mt. Farm here in Virginia," and we did—for Anacker and a few others said, "Let's get busy on the Old Festival." And they planned and developed it: held at their and nearby homesteads.

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MANKIND, GO HOME! by Rusell O’ASpensky, etc., students? A place where you can get on these and related ones to summerhill-oriented education and philosophy and should be read by all.

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A Catalog For Homesteaders

Enclosed is a catalog (from Agricultural and Industrial Ma-
chinery Company, Box 704, Osaka-ku, Osaka, Japan) that may interest
many of you. The catalog is a rich mine of equipment and machinery
mostly illustrates (for sale) ma-
chines that are used for com-
tion or power for processing con-
siderable amounts of materials (e.g., bamboo, etc. We bought a grain
huller and winnower and were pleased with the performance of the winn-
huller for sunflower seeds. Be-
side, the huller is easy to clean
such as how to make soy sauce
and beer.

The huller is large and heavy (taps against the floor, 5 ft. high, 6 ft.
and 2 ft. square. The huller is
fantastic. With two men push-
ing the handle and (at a hard job), the last little cog
went round at 3000 rpm! This
throws the grain against the wire,
cracks the hulls. The mixture
washes, grains and unhulled seeds
falls into a bag or bin. The hop-
per holds about a bushel—a lever
regulates how much grain is pro-
ticed at one— and it does an unbeliev-
able job. A one-family farm (more than we'll ever have).

We have used a hand winnower. Some grains, like buckwheat, shelled peas, etc., should be able to regulate this by
hand. A winnower allows the dust
and how much grain we let
through at once. With sun-
flower seeds we are more care-
ful. On the other hand, a static interior effect is created by using
light. Where an impression of sedation is sought, one should deco-
rate the entry hall with walls of yellow brick leading to a predominantly
yellow room. The degree to which color creates a stimulating or depressing
atmosphere can be achieved by using a
range of color contrast with abrupt transitions in brightness and value and hue. On the other hand, a static interior effect is created by using
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This brief discussion of color brings to mind the wide
of color can contribute to the unique choice of a room. A
room can be a reflection of one's personality. A red room
for good health. Is there a color that can contribute to the
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