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First Step, Improve Self

Tom Mooney

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New School of Living Centers Await Active Workers

To the Editor:

I've been wondering why there couldn't be a branch of the School of Living out here (1) instead of everything like that always back east. (2) — Lucia Beiser, Box 71, Lucerne (Lake County), Calif.

Editor's Reply

(1) No reason, if west coast members want it. See No. 3, below.

(2) This brings us to the question, *How* do things get done? By people, *persons*, INDIVIDUALS doing them, of course. The people who want a thing bad enough start doing it.

Ralph Borsodi wanted a School of Living. He started one at Suffern, N. Y., in 1936. Mildred Loomis went to visit it, stayed a year, got married. She wanted to work at School of Living goals. Gradually a kind of School of Living developed at Lane's End Homestead where she lived.

In 1960 Rose and Ralph Smart, Sycamore Hollow Homestead, West Alexandria, Ohio, said, "Let's have a Homestead Festival." And they planned and developed it; held at their and nearby homesteads.

In 1961, Harold and Grace Lefever, Sonnewald Homestead, Spring Grove, Pa., said, "We'd like to have the Festival at our place this year." OK. They worked it up and it was a grand affair.

In 1962, Joy and Earnest Martin said, "We want the homesteaders to come to our place this year." So they worked and had it near them—used a country church, and centered around their Dannielson, Conn., homestead.

In 1963, Philip and Nancy Smith, Wayside Farm, New Hope, Pa., said, "We want the homesteaders to come to us this year." So they worked, invited speakers, and about 60 people enjoyed a two-day interchange.

In 1964, Marion and Isabelle Pettie said, "Come get together at Ragged Mt. Farm here in Virginia," and we did—for two weeks of discussion, relaxation, peach picking, etc.

In 1965, Grace and Harold Lefever, Bill and Margaret Anacker and a few others said, "Let's get busy on the Old Mill at Heathcote Haven and turn it into a School of Living headquarters." So they had a workbee Jan. 1-3. Feb. 20-22. and Feb. 27-28.

You see how it is. Just because there is a *name*, School of Living, doesn't mean that some "agency" or "organization" does things. It's PEOPLE! In our decentralist organization (School of Living), the *leaders* (if any) don't do the work. Whatever people want, people will get, in our School. The present leader (?) is glad to facilitate, report, assist in what ever people want.

(3) Letters from west coast readers frequently ask for a meeting, a center. I list a few addresses here of people who (as I glean from their letters) would be glad to work at, attend and participate in a School of Living development on the west coast (all addresses are in California): Victor Tauferner, 2030 W. 159th, Gardena; Bill & Jean Peavy, 77 S. P St., Merced; D. P. Huffman, 48 Park Rd., Burlingame; Mrs. Robert Hazelrigg, 1174 Olympia Ave., Seaside; W. H. Gordon, Etna; Robert Hayden, 789 E. Teague, Fresno; Paul Burner, 1190 Tabor, Los Angeles; Saloman Sherman, 1447 Avon Terrace, Los Angeles; Bruce Barrett, 1470 California St., San Francisco; Walter D. Bunnell, 6500 Jamison Rd., Santa Rosa; Eric Nilson, 850 Lynch Rd., Petaluma; Bruce Sloan, 9 Olive St., Mill Valley; Gregory Campbell, 163 18th Ave., San Francisco; John Swanson, Box 922, Berkeley; Marshall Rodin, 2416 Ashby, Berkeley; Sam Freedman, 1762 30th Ave., San Francisco; Paul Marks, 1257 California, Las Banos.

There are scores of others. We have more readers and members in California than in any other state. Who wants to work at getting together? Who *will* work at it? Pick your co-workers and get started. Let us know results.

Don't Take "City" to the Country

By Carolyn R. Guy
E. Calais, Vt.

Some of the problems of homesteading or country living are not recognized as problems at all but they can prevent you from getting the greatest benefit from your venture.

You can move to the country, plant a garden, raise some animals and you should save money, live a better life and enjoy peace and good health. You can—but maybe you won't. If stress and worry over how you will support the family go with you, so will the ulcer. If habits of spending remain the same as in the city you'll find country living costs even more. It is quite possible

to have eggs cost \$1.00 a dozen. The housewife who does not change her pattern of housework may find herself just out straight when country chores are added to the regular housework. She may have to bring her standards down a notch or two.

Children will get little benefit from the rural atmosphere if they are allowed to park endless hours in front of the TV.

Set and Maintain Goals

Many of these problems can be approached before you ever move to the country. In food purchasing and cooking, break away from ready-to-eat convenience foods; start making your own. Buy in larger quantities and only the

Letters to the Editor

If All Save Themselves

To the Editor:

We are kindred souls. I returned disabled from World War II, bought 600 acres of woodland up here, and built a house in the center. We have many advantages—good food, finest hardwood fuel, clean air and water, good neighbors; our sheep, goats, cattle, fowl and horses are the best. We also have a trade that keeps growing because of business policy based on good principles.

The green revolution can be the answer to the dilemma of America facing 6 hundred million Chinese who hate them and 400 million Soviet people who despise greed, avarice, and pride. I am not trying to save the world. I'm trying to save myself. If all save themselves from the results of their own folly, the world will be saved.—Edward A. Elstone, Green Rise Farm, Ontario, Canada.

Information Needed

To the Editor:

We are considering a homestead in the near future but need information on how to proceed. We hope to use solar-heating in our house. Can you direct us to sources on this? We compliment you on promoting "on-to-the-land living." We feel we couldn't get along without **The Green Revolution**.—Mrs. Alice Kennedy, 1355 Ivy St., Denver, Colo. 80220

* * *

To the Editor:

Who knows how to hull oats and sunflower seeds at home with effective hand methods? —Edgar Wenzlaff, Black Rock, Ark.

* * *

To the Editor:

Who has a good Brown Swiss heifer for sale?—C. Kline, Frewsburg, N. Y.

* * *

To the Editor:

My wife and I are particularly interested in articles on the keeping of stock on the homestead, chickens, swine, goats, sheep.—Alan Child, Box 183, Ashcroft, B. C., Canada.

* * *

To the Editor:

I found School of Living listed in Beatrice Hunter's book, **Gardening Without Poisons**. I'm writing a novel in which the theme of organic gardening and health through natural foods runs all through the book. Please send any information on this you think would help. —Hal Porter, Rt. 1, Box 1742, Port Orange, Fla.

[We suggested he have the hero-heroine wind up on their own Hunza land—build their own Shangri-La (homestead) alone or with others in a "model" community.—Editor]

Fiddler's Choice Address

[Joe and Helen Ryan, who welcome visitors and helpers in their homestead and home-building, live at Rt. 1, Box 78C, Franklin, N. H. 63235—Editor]

Ideals For Heathcote Community

To the Editor:

I have been taking up extra furnishings each time we go up to Heathcote Haven. Our town property where we live in Pikes-

basic ingredients.

Children can learn early to take a hand in the activities of the home—spend less time idly following the whims of the peer group.

A man may need to reevaluate his worth. Is it not better to mend the porch oneself than to go to work to earn the money to pay someone else to do it? One's time may be worth \$3.00 or \$4.00 an hour on one job but if all deductions and transportation are figured you may be money ahead to do the work yourself.

So it isn't enough to have good intentions or to go through the motions. We have to set goals and work toward them, look to the future and find ways to improve.

ville has been sold, so we'll definitely be part of the Community next summer. I wonder who will finally assemble there. It is a challenge to our spirit of harmony and cooperation. I would like to see it inter-racial and inter-religious. I feel we should learn from each other—the adults first and the children naturally, as well.—W. S. Anacker, 8 Ventura Lane, Pikesville, Md.

First Step, Improve Self

To the Editor:

I'm convinced that any society no matter how perfectly conceived and planned will be destroyed if inhabited by human beings motivated by need for recognition, power, security, authority, greed, etc. In other words by people like the vast, vast majority of us. I am convinced that any really fundamental change in the social structure must be preceded by a mutation in individual consciousness.

So my concern now is the understanding of myself, my fear, confusion and self-centered thinking. I have little enthusiasm for any systematic, thought-evolved solution to our problems.

How to earn the little material goods which I need in an interesting, unambitious way without submitting to authority and without harming anyone is what I'm looking for. I'm 36 years old, single, with clerical experience; went to advertising school but didn't take to it, have worked at odd skilled jobs, and the last ten years in bartending and catering work.

The triple prospect of coming into contact with serious-minded people, leaving a wrong vocation, and leaving the city is certainly appealing. Hence I subscribe to **Green Revolution** and will look up the people you mention.—Tom Mooney, 7242 Sansom St., Upper Darby, Pa.

26 Indiana Acres Available

To the Editor:

I have a 26-acre truck farm which I would sell on easy terms. Is there a family or two who would want to homestead it? Ten acres is black muck with much humus which could be irrigated. On the sandy part we raise excellent melons or alfalfa. A marl pit on the farm supplies lime for the alfalfa and other crops. I would make the financing quite easy for the right parties. — W. L. Overholser, Winamac, Ind.

[Mr. Overholser is a healthy, 80-year-old hygienist, actively promoting a third party for ethical politics.—Editor]

Confusion As To Goals

To the Editor:

I went to a meeting for the purpose of starting a Summerhill-type school and community. . . Unless the people can come to more common agreement I doubt if they can make a go of it. At this time, a few want organic farming with no concern for community; some want to teach in such a school due to frustration with the public schools, but not live there; some want an intensive

Why Suffer?

Why indeed, with all the plans and regimens for good health available these days!

A new book by Ann Wigmore, originator of wheatgrass therapy (see page 4, February **Green Revolution**) bears this title. It is full of help and inspiration. It reports Dr. Ann's achievements in her own health and that of literally hundreds of others working with her at The Mansion (25 Exeter St., Boston) and The Homestead (Stoughton, Mass.). It also is a fascinating account of her vivid and eventful life beginning as a refugee from Hitler's atrocities. Editor Loomis has visited Ann Wigmore twice, and has benefited from a year's use of wheatgrass at home. Many will find inspiration and help in her book. **Why Suffer?** is \$3.95 from Ann Wigmore at the Boston address.—M.J.L.

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intentional group-therapy type of community with a school in conjunction; several just want some place to dump their kids; and even a few I think would like themselves to enroll in any thing "free," especially if others will sort of take care of them. There were many monologues, just a little bit of communication and good coffee and cake.—Hunter Leggett, 10244 S. Longwood, Chicago, Ill.

[Fortunately, there are ways of learning to effectively communicate if persons want to study and practice it.—Editor]

Directory Report

To the Editor:

In mid-February there are 35 persons listed in the Green Revolution Directory. That leaves 265 to go in the 8 months I've decided to work on it. When Nov. 1 comes, I will turn over the list to **Green Revolution** staff to do as they wish with it. This is not a project for my personal gain or sale. The main purpose of this directory is interchange of ideas, with report of developments to **Green Revolution**.

Gus Goltz has an urgent project in Hawaii, so he has turned the 25 addresses for the **Green Revolution** map over to me, and we will combine the map and directory. We hope to get the first issue of the map out in April. Send your name, address, a 2 x 2 inch map of your local roads, and 50 words of copy (scenic sites near you, etc.) to me without delay.—W. Earwood, Rt. 1, New Lexington, Ohio

Homesteading For College Students

To the Editor:

I would like to present my students in Marriage and Family Living classes with the purposes, principles and publications of the School of Living. It would be helpful if we could have back issues of **Balanced Living**, and would appreciate your reading lists and information about loan library. Do you have a student rate? When and where will the next Congress on **Balanced Living** be held? Thanks for help in taking an analytical look at modern life and attempting to attain balance.—J. L. Middleton, North Carolina State, Raleigh, N. C.

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Date
School of Living
Brookville, Ohio

Here's evidence of my faith in the new venture, The Green Revolution. I send:

- ☐ \$3 for 1 year subscription to The Green Revolution.
- ☐ \$6 for 1 year combination subscription (both *Way Out* and *The Green Revolution*).
- ☐ \$5 for School of Living membership and one journal (*Way Out* or *The Green Revolution*). Indicate which
- ☐ \$10 for School of Living membership and both journals.

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