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Building Home and Directory

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The Whole Or The Part?

Does it seem to you that your time and energy go largely into *partial* approaches to the good life?

For instance. A popular audience-participation radio program often features doctors, gynecologists, obstetricians, etc., to whom listeners phone in their problems. I have never heard these experts counsel people on nutrition. The MC pointed out to a pediatrician that modern mothers in their nice homes spend most of their time wiping kids' noses. Said the doctor, "Yes, there's no known cure for the common cold." A listener offered that "Vitamin C would help," to which the doc said, "No, that does no good. Some times more humidity in the air will help, but the common cold is still a mystery that no one understands."

Recently two men presented a program at a local health club. One was the owner of a health-food store, who gave a good talk on nutrition and sold his wares. He himself, about 50, was a good example of health. The other, a young minister, showed the excellent Timex film that recounts the development of the cancer-cure, Krebiozen, and the controversy still going on between its founder-promoters, Dr. Durovic and Dr. Ivy, and the Federal Food and Drug Administration. Then came an impassioned plea from the minister, who works with Dr. Ivy and has entertained him in his home, for us to demand of FDA our civil rights in medicine — the right to choose our own practitioner of any kind, without interference from them. So far, so good.

To the question, "Does Dr. Ivy see any relation between cancer and modern-living and food habits, the minister had to answer, "I don't know."

Admitting that Krebiozen has been of value to cancer sufferers, is not this a partial approach to a deep-seated problem? Could the tremendous interest and energy expended in the cancer-Krebiozen controversy be better spent in a more comprehensive understanding of health and normal living?

Appeals For Partial Efforts Flood The Mails

Is your mail, like mine, full of appeals to check our government officials (write the President, or senators, representatives, mayor, councilman, etc.); to kill or support efforts for this or that? One day comes all the data about why we should fluoridate our water; the next a big envelope against compulsory laws to fluoridate. Here is a letter to get us to protest spraying of forests, fields and pastures with DDT; there one to check the inspection and regulation of organically grown citrus fruit. Here are letters against compulsory vaccination; or denouncing government action permitting addition of coloring, contaminants, supplements, etc., to food. Plus the letters that urge you to support or denounce medicare, the poverty bill, civil rights in the South. Here is the plight of a hygienic doctor whose clinic has been closed by federal intervention; etc., etc. ad infinitum.

Must we forever spend our time championing *individual* misuses and abuses of governmental power? Can we not see that the *nature* of the institution we call Government is *coercion*? Can we sometime put our minds to the more universal question, "For *what* purposes should coercion be used? How can we *teach* the proper use of coercion? How can we organize our legal system so that it is used for only "necessary" types of action? What are the *fundamental* maladjustments in our way of life that *start* and bring on the need for all these abuses?"

Support A More Wholistic Approach

Fortunately there are glimmers here and there of a turn to a more wholistic approach. Dr. Theron G. Randolph (see review of his book elsewhere) is not content to deal with isolated cases of chemical allergy; he calls attention to the need to deal with our *whole* chemicalized environment. Dr. Max Gerson said cancer was a result of a *whole series* of errors — not only nutritional but in farming and soil practices. Dr. W. J. Arnet sees the relation of food and soil to health, and adds important psychological therapy to his Three H Institute program in Toronto.

For years School of Living literature has been calling attention to the need for re-thinking and new action on the *whole direction* of modern life. While we believe that life can be (for study and examination) treated in seventeen major aspects, we are not content unless all seventeen are included in any "treatment" or solution proposed. Actually only in a *new community* can all these areas best be dealt with. The health (food, soil, work, play, emotional), the esthetic, the social, economic and political factors come into reality. Now that a new community is not only possible, but probable, along these lines at Heathcote Haven, Maryland Line, Md., let's renew our hope and work for "answers" that are wholistic instead of partial.

Letters to the Editor

Young People Want Rural Summer

To the Editor:

I am presently teaching crafts in a Youth Center, but want to get into the country this summer, preferably early spring, if possible. Can you suggest a place?—Juanita Restuccia, 612 W. 112th (No. 15), New York City.

* * *

To the Editor:

My visit to Ohio and Lane's End last year was one of the most satisfying experiences of my life. . . . I've been in the City for a while and the conflicts between the rural way of life and what I find here have been excruciating at times. I want very much to spend the next growing season working on a homestead. Are there School of Living folks who would be willing to let me work closely with a family, so I can become familiar with the many skills of managing a homestead, and planning the overall economy? — Paul Weiss, 127 Birchwood Dr., New Hyde Park, N. Y.

* * *

To the Editor:

I was fascinated by the book, *Gardening Without Poisons*, especially the part on organic soil building. I wrote the author, Beatrice Hunter, about my eagerness to learn practical organic culture this summer. She suggested I write you. I'm in Beverly Hills High, 15 years old, have had my own vegetable garden for two years. I want to work during August and part of September.—for experience, not for money. I can travel if necessary. — Paul Rosenstiel, 1210 Coldwater Canyon, Beverly Hills, Calif.

Building Home & Directory

To the Editor:

Before we start building our own home we'd like to visit others who have "self-built" homes. Are there any within 150 miles of Denver, where handiwork we could see?

We'd like to see many Colorado residents listed in the Green Revolutionary Directory, so we can discover other people's interests. How about it Irene Leonard, Chester McQueary, Ray Colyer, and others interested in homesteading, community, education, nutrition, etc.? Send your name to W. Earwood, Rt. 1, New Lexington, Ohio. Let us give him a shower of listings for the directory. — Russ and Alice Kennedy, 1355 Ivy, Denver, Colo.

Log Cabin Home

To the Editor:

We came to Canada in 1961 from Oregon, located 80 acres

Enthusiastic About Go Ahead and Live

"Congratulations! A stimulating and readable book. I couldn't put it down! Wish I had had access to these ideas when I was younger. But the contents, plus the bibliographies, make it usable even for older people."—Eleanor Woods, Blue River, Ore.

"Much wisdom concentrated on most acute problems. . . I am much impressed by the superb organization and the ease of style in *Go Ahead and Live!*"—Dr. Arnold Hutschnecker, author of *The Will to Live*, New York City

"Lively discussion of an extremely good collection of living problems. I was particularly pleased with their practicality and graphic-ness. Information is excellent throughout."—B. V., Detroit, Mich.

"Go Ahead and Live! might have been written by a young William James, a young Tillich with a young Thielard thrown in. I predict young people will find it especially rewarding."—Inez Harris, Marianna, Fla.

Copies are \$4.15 from School of Living, Brookville, Ohio. All profits go to School of Living treasury.

that has plenty of timber, excellent garden soil, and a good-sized creek. We chose tamarack trees for our log house, as they are straight and have less taper. I cut most of them 40 feet long, and brought them to the building site with our horses, for our 28 x 30 house. I have hand-hewn all the stringers, joists, ridge pole and studding with a 9 lb. broad axe. I used the cove method for building up the walls. The logs fit so closely it will require very little chinking. In the east roof is a log dormer. The subfloor is laid and the ceiling started, so we hope to move in soon. We enjoy *Green Revolution* and would like to hear from other subscribers.—Harry Griswold, Box 592, Kaslo, B. C., Canada

Plans Homesteads & Crafts

To the Editor:

We've selected 170 acres in Arkansas, part of which we will make available for campers. As such persons become more interested in homesteading, we will make available garden spots, or truck garden patches. We can use irrigation from streams from our cave. We also plan to have an outlet for crafts and historical items of the Ozark Frontier Trail on the main highway, U. S. 62. Our special interests are crafts of clay, fibre, wood, metal; spelunking and rock mineral collecting.—Mrs. R. W. Schmidt, Onyx Cave, Rt. 1, Box 197, Eureka Springs, Ark.

Bioflavonoids Prevent Colds

To the Editor:

I've found from experience that the white pulp of an orange is the best possible source of the bioflavonoids to prevent disease and colds. I started eating this pulp years ago, and while I used to catch cold frequently, I haven't

Sees Decentralist Culture Needed

By Calvin Kline
Oakknoll Homestead
Frewsburg, N. Y.

Many people assume that technology necessarily leads to mass-production and centralization; to an economically enslaved class of workers without property on the one hand, and financial barons who manipulate all for selfish ends, on the other. Not necessarily!

Build Community Workshops

We can boycott big business and simplify our lives so that we can live by what tools we make at home, or in small worker-owned community workshops. Such workshops, after some evolution, can turn out technical produce as sophisticated as big business, and through cooperation with other community shops, build extremely big and expensive machinery, if and when desired.

Dispense With War Machines

Most of the huge machines, the locomotives and dynamos and war machines are really unnecessary to peaceful decentralized life, and should be dispensed with. This is not in opposition to progress, but in support of the proper use of progress and in support of the conservation of soil and resources, to say nothing of efficiency. Locomotives are used, among other things, for trans-

School of Living Calendar at

Heathcote Homestead
Maryland Line, Md.

APRIL 16-18 — Work Bee and Shower of Furnishings. Bring gifts of chairs, cots, mattresses; kitchenware, linens, towels; books, shelves, office equipment.

JULY 3-10 — Community Workshop: work, play, discussions.

JULY 11 — Annual Meeting, School of Living Members.

The Green Revolution

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had one since this practice.—Alma Green, 545 Terrace St., Salinas, Calif.

Non-Worry Homesteaders

To the Editor:

Sometimes I think we homesteaders have a lot of problems, but at least we don't have to worry about some things I read in the newspapers. Like the Meat Cutters Union that went to court to force chicken soup manufacturers to put some chicken in it. They don't want a lot of chicken or turkey in their soup—just 2% on a ready-to-serve basis. And then there's the group that had a court case to get the fish fillet a little larger. They must be at least five inches long in every package! Some times I think the "modern" world is a trifle irrational!—L. R., Calistoga, Calif.

Wanted: Homestead Stops

To the Editor:

We are bound for Mansfield, Mo., in our Volkswagen camper around May 1. We have all our needs with us except fresh, pure water. We'd like to visit homesteads on the way, and would especially appreciate hearing from any for overnight stopping (for which we will gladly pay) near Dansville, Bridgeport or Cairo, Ill., and again near Mansfield, Mo.—Paul & Lela Boylan, Rt. 1, Shelbyville, Mich.

porting our top soil to the sea, a needless disservice to posterity; and for distributing goods produced centrally, which could far better be produced decentrally where they are needed.

Decentralist Technique

It is not good at all to allow our culture to become dependent upon either tools or social-economic systems which are so complex that their failures leave us helpless. We need small ponds instead of large dams, water wheels instead of dynamos, more trees instead of more people, more brains instead of bigger milk glands, more blacksmiths instead of more Smiths, more scythes and fewer tractors, more horses, cows and goats, more men with the guts to stand on their own two feet.

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Brookville, Ohio

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\$6 for 1 year combination subscription (both *Way Out* and *The Green Revolution*).

\$5 for School of Living membership and one journal (*Way Out* or *The Green Revolution*). Indicate which

\$10 for School of Living membership and both journals.

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