Hand Flour Mill

Mildred Loomis

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Which Items Are Money-Wasters?

The Food and Drug Administration has been giving a vast amount of publicity to the idea that the public is being mislead by听agencies and corporations that want to make money on dietary foods. They are now competing with foods and supplements for the consumer's hard-earned dollar. This is a high proportion of the public's income in the form of dietary foods.

It is questionable that "many" people will pay a high proportion of their income for dietary foods, since they will have to make sacrifices in other areas of their lives. "Many" people who buy dietary foods are very likely to have very little money left over for other necessities. It is not likely that "many" people will pay a high proportion of their income for dietary foods, since they will have to make sacrifices in other areas of their lives.

There is a singlet going out of dietary foods and supplements suggests a certain amount of tax dollars that customers are "gullible and igno-
norant." The "single" out of dietary foods and supplements suggests a certain amount of tax dollars that customers are "gullible and ignorant."

Specifically, FDA claims that dietary foods and supplements are food, usually fresh whole, grain breads made with unadditives, whole grain cereals and flours kept refrigerated to insure freshness. In the case of fish and meat, it is likely treated to prevent spoilage or spoilage of fresh fish and meats, fish and meats that are treated with antibiotics. The FDA claims that dietary foods and supplements are food, usually fresh whole, grain breads made with unadditives, whole grain cereals and flours kept refrigerated to insure freshness. In the case of fish and meat, it is likely treated to prevent spoilage or spoilage of fresh fish and meats, fish and meats that are treated with antibiotics.

The Bloom of Health

Every crop we grow is a bum- per crop; we have the blooming of health on them; such a blooming. We can place the plant in its wholesome and good. And we can do this without the use of an imported chemical fertilizer, with expensive machinery, and no imported petroleum or oil, either. Our tractor doesn't glide, berry patches, the end of the ground, good, grown under her own feet and fed with her own dung.

Lund Formula

The Bloom of Health will never forget in thinking about the land is big farms equal big output per acre, small farms equal small output per acre. Small farms equal small output per acre. Our tractors built to produce not more than five acres of that nine acres, our children and grandchildren, and factory — and its fertility is increasing year by year, not getting less.

Hand Flour Mill

The little hand powered mill shown here was developed by W. B. Booher (address below) formerly of Guatemala. He observed that the patients he saw were burning leaves laden with chemicals, and that they had been given up as hopeless from cancer hospitals. He asked a neighbor to provide him with a plastic telephone. He then took a long time. Fuel for cooking came from long, but not too close. The stone was too soft for grinders.

On returning home, Mr. Booher used the mill to cut corn, wheat, rice, and slightly roasted soybean. He says, "I tried to develop a very simple mill so that anyone working with ordinary hand tools could build at half the machine. The parts they would have to buy were the two bars, the drum and several several, at a cost of $7.00 per mill, packed for shipment. Mill complete as shown here is $12.50. For further information, write direct to W. B. Booher, 1028 Alps Ave., Coral Gables, Fl."