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### 2005-02-18 PCA PASERVIC Division President's Report

Pennsylvania Counseling Association

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## PASERVIC Division President's Report 2/05

The object of a New Year is not that we should have a new year.  
It is that we should have a new soul. -G.K. Chesterton

**Happy New You!** There are a few items to report since October, but promised myself I'd mention our upcoming Retreat in my first sentence! Seriously, more about our exciting annual event later, first some news. About a dozen of us PASERVIC members shared a meal together at the annual PCA Conference last Fall, after a short business meeting following our day of workshops. Later that evening, ten of us lost track of time in a drum circle for over two hours that was indeed a spiritual experience.

Following our first ever Western Regional Meeting at Gannon University last Fall, I'm pleased to announce Sue Thompson has organized and planned an Eastern Meeting for March 12<sup>th</sup>. See the interesting details below. It's also noteworthy we just mailed our biannual newsletter to some 50 active PASERVIC members. I'm particularly inspired by an increasing number of professionals interested in infusing spirituality into their lives and careers. Our increasing sense of community through regional meetings and growing membership strongly support our PASERVIC goals for 2004-2005.

Perhaps I'll see some of you at our March and May events detailed below. We have many talented presenters whose dedicated efforts are helping PASERVIC continue to nurture and support all of us across Pennsylvania in our personal and professional spiritual development. Both of our upcoming events promise to give some positive momentum to our spiritual paths. Seem like some meaningful opportunities to help develop a **New You** ....  
Thanks and be well. Namaste, Jack

**PASERVIC's Eastern Regional Meeting March 12, 2005 from 10 AM - 4 PM**  
At Camp Speers-Eljibar in Dingmans Ferry (Northeast PA) \$15 includes lunch & hike

10:00: Morning refreshments; Icebreaker activity  
10:30: PASERVIC Mtg / Spiritual, Ethical, & Religious Values in Counseling in the 21<sup>st</sup> Century.  
11:30: Creative and Practical Stress Reduction and Relaxation (Didactic & Experiential)  
12:30: Lunch, including vegetarian options  
1:30: Naturalist-led Interpretive bog hike (Sturdy shoes encouraged)  
3:15: Promoting Mental Health Through Drumming Therapy (Didactic & Experiential-Drums)

Send checks/money orders to: Susan M. Thompson, PASERVIC Eastern Representative, 303-B Beech Grove Road, Honesdale, PA 18431 by March 1, 2005.

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**PASERVIC Retreat****Camp Hebron****May 13-15, 2005**

Friday, May 13:

7:30 – 9PM –

*Relaxing Meditation* with Ruth Hoskins

Hoskins

Saturday, May 14:

9-11:30AM –

*Wheel of Life: Becoming Whole* with Bill Culp

Culp

1:30-3:30PM –

*Ecopsychology* with Sue Thompson

3:30-5PM –

*Energy Work and Reiki* with Joanna

CastroShaffer

6:30-9PM –

*Jungian Dream Work* with Gordon and

Wilma Spice

Sunday, May 15:

9-11:30AM –

*Art Therapy* with Suzette Reilly

Retreat is \$65, due by March 30, 2005; early bird registration is \$60 if postmarked by February 15. And, PASERVIC is offering a one-year membership included in the fee for the Retreat. The weekend package for motel-style room (double occupancy rate) and food is \$120/person and includes two nights lodging and five meals. For more info or to register, please contact Jack Smith.

The planned training will afford up to 12 hours of continuing education (CEUs) for National Certified Counselors authorized per NBCC guidelines.

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## **Pennsylvania Association for Specialists in Group Work.**

**Our current balance (PA State Bank) is \$1,389.00.**

**President: Kurt L. Kraus**

**Treasurer: same**

**Currently (as has been the case for several years; since announcing to the PCA Board at the Fall 2002 meeting in Hershey) we are soliciting interested members for filling president, president-elect, treasurer.**

**Goal: (strategic plan) to promote excellence in group work (task, psychoeducational, counseling and psychotherapy groups) throughout the Commonwealth. The most recent "event" was the success of bringing a collaborative course to PA ~ an Advanced Group Leadership Training Institute ~ to Shippensburg University this past summer. Three ASGW Fellows co-taught the course Jim Trotzer, current National ASGW President, Ed Jacobs, University of West Virginia, and myself. 19 People (all but three post-masters) participated. It was a rousing success! PASGW was an "unofficial sponsor."**

**PASGW thrives. However it sorely needs new leadership and new direction.**

**Respectfully submitted: ~ Kurt L. Kraus**