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Plans for the Coming Year - More Face to Face Association is Needed in the School of Living

Mildred Loomis

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THE GREEN

FOR HOMESTEADERS, ON-TO-THE-LANDERS,
AND DO-IT-YOURSELFERS



REVOLUTION

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It's not a snowbank; it's detergent!

Natural Environment Threatened

We could fill each **Green Revolution** with reports of the errors, evils and damage due to technology and centralization, if we published all the material which readers send us. We assume that most readers know these things from other sources, and consider it our job to keep steadily at the constructive, if unspectacular emphasis on modern homesteading.

But we must include one photo of (above)—not snowdrifts—but the detergent foam on the She-

boygan River, and call attention to Senator Gaylord Nelson of Wisconsin. He has introduced U. S. legislation to set national standards for detergents and water conservation. A reprint of his important speech is available for stamped addressed envelope from Gus Goltz, 1515 N. 27th, Milwaukee, Wis.

This mass of detergent foam is not an isolated incident. It is evident in scores and hundreds of photographed places! And (continued on page 4)

Needed For Health and Effective Living: An Accurate Self Image

By M. J. Loomis

Each of us has a Self and a picture or image of that Self. But they are not always identical. When they are not, the person is in trouble. Those who have an accurate and acceptable Self image are comfortable, effective, happy people. Those who have an inaccurate, unacceptable image are uneasy, anxious, neurotic and tense.

Only a rare person today likes himself, say Drs. Snell and Gail Putney, of San Jose Teachers College, in their 220 page book, **Normal Neurosis** (Harpers, 1964). This universal or "normal" neurosis is due to the diversity and complexity of choices before each person today, along with the breakdown of family, class and community ties. But the authors recommend increasing consciousness of Self and development of an acceptable Self image as a preferable "way out," rather than a return to a more rural culture.

Many have found this book so clear and profound, so comprehensive and specific, practical and useful that I will present a series of brief items on it, to encourage readers to purchase and study its concepts. These items cannot adequately convey the value or the methods of this book.

A Growing Self

The human Self is a process, never finished. If at age 16, 25, 40 or more, we are not altogether satisfied with our Self and our interaction with others, there is hope. The Putneys show how to better understand the Self and do a better job of verifying, expressing and developing it.

Each of us has a Self at different stages of development. But as infants we all began at the same level—we did not have a Self; it developed out of our hu-

man association. Children who have survived in forests or attics, having had little or no human contacts, have no sense of Self identity; they cannot talk and are not conscious of a Self. As Self and awareness of Self develop from an infant's ability to distinguish among sensations; sucking his thumb is different from sucking a bottle; touching (continued on page 4)

Plans For The Coming Year—

More Face to Face Association Is Needed In The School of Living

Many people find personal encounter with others very stimulating and rewarding. Face-to-face meeting is all the more satisfying for persons who share kindred ideas, who have been probing common problems, who are united by similar values, and who have been reading reports of one another's activities, as in **The Green Revolution**. Without a dissenting voice, attendants at the School of Living 1965 annual workshop, July 3-11 at Heathcote Homestead Community, Freeland, Md., felt the stimulus and glow of a common search, shared activity and cross-currents of ideas and feelings.

Ten Regional Meetings Planned

Most people there asked for more meetings. Several suggested that meetings be available in different sections of the country in order to involve more people at different times of the year. Mrs. Loomis has drafted a schedule, it has been approved by some of the officers, and places have been selected and people contacted so that a vital session seems assured at each of the following places and dates:

Sept. 4-6, Workbee, Board Meeting and General Planning Session at Old Mill, Freeland, Md.

Nov. 25-27, Collaberg School, Stony Point, N. Y., with Dr. Leo and Mary Koch in charge.

Jan. 29-31, 1966, in Florida.

April 1-3, in New England, possibly at Goddard College.

July 4-6, Homestead Festival, Sycamore Hollow Homestead, Rose and Ralph Smart, West Alexandria, Ohio.

July 4-6, Homestead Festival, Nina and Herman Johnson, Newberg, Ore.

July 19-21, San Francisco, Cal., with Dr. Leo Koch.

Aug. 2-4, Los Banos, Cal., with Paul Marks.

Aug. 3-11, Annual Meeting, at Freeland, Md.

Aug. 16-18, in Michigan.

Any person willing to give time and help in your area to arranging these meetings, please write to Mrs. Loomis.

Home Study Discussion Sessions

One concerned reader, Mrs. Elena Herrschaft, writes: "I believe that mature people can think best in their own leisure time and in the quiet of their homes. . . . What is available in the way of correspondence course material for this type of study?"

Your editor believes that almost any concerned person could interest a small group in reading and discussing the pros and cons of items in our journal, **A Way Out**, particularly issues of 1963 and 1964, where material was arranged on a separate Problem of Living each month. In the March, 1964 issue there was a 3-page discussion outline on the Borsodi Manifesto, which was printed in the October 1963 issue. Copies of both issues (Manifesto in 1963 and discussion outline in 1964) are still available.

Books For Discussion

Go Ahead and Live! by M. J. Loomis and 12 others, presents a score of problems of living in the real life of real people. Small groups have found it useful to read and discuss, chapter by chapter. Additional books are listed for further study at the end of each chapter. Use of this book in this way would engage a group once a month for a year

and cover vital problems of emotional understanding, nutrition and health, natural childbirth, pros and cons of breast feeding, economic problems, property, education, community, how liberty is affected by ways of dealing with land and money, population control and related significant current problems.

Normal Neurosis, by Gail and Snell Putney, is also so clear, simple and helpful that chapter-by-chapter study and discussion of the material will prove useful to a group.

Borsodi's Problems of Living. Publication of Ralph Borsodi's research on problems of living has been anticipated for years. Now this is assured, in 1966 by The Beacon Press. The book will become a very useful "text" for serious study of basic problems of living. Until then we can offer a 36 page pamphlet of the problems (condensed) for 50c. A 75 page presentation of **The Possessional Problem** (Land and Money) is available for \$1. And Borsodi's book, **Education and Living** (2 vols.) is \$3.50 and his **Challenge of Asia** is \$3, for personal or group study.

We will have a report, at a later date, on interesting developments for the formation of regional and state Schools of Living. Until then, we will be glad to supply the books and materials mentioned here, as well as other books and published material, for those who will take the initiative in personally directed study. Address the School of Living, Brookville, Ohio.

Borsodi Active In Important Directions In New Hampshire

Having suggested action in several important directions, Ralph Borsodi's counsel is being sought by several groups in New Hampshire.

The first one to form was a federation of liberal religious organizations. On April 20, a meeting of leaders from the Humanist Association, the Unitarian-Uni-

versalist Alliance, the Ethical Culture Society and Reformed Jews was held in Exeter, where Mr. and Mrs. Borsodi reside. Recognizing common goals, they outlined common ground for action and have met several times since then.

Later, Mr. Borsodi helped to draft legislation on the problems of birth control, eugenics and euthanasia. A group headed by Rev. P. H. Beattie, Concord, N. H., has sent out an appeal asking, "What Should New Hampshire Do About The Population Problem?" (termed the most explosive problem in the world). This committee is planning a statewide conference in Concord on Oct. 15-16, at which authorities on the issues will speak.

Mr. Borsodi was in New York in late July to meet with ten organizations working in fields related to birth control and euthanasia. He also met with the representatives of the religious non-conformist movements.

Revival of Rural Life

Certain faculty members of the University of New Hampshire, at Durham, are discussing with Mr. Borsodi the revival of the country life movement in terms of an emotional approach based on esthetic appreciation for nature. This feeling, akin to religion, it is believed, may be a more permanent and universal approach to a rural revival than the economic or political one. Consideration is being given to Spring and Harvest Festivals, to musical and artistic experiences as well as to the intellectual, in a forthcoming experiment.

Society To Defend Children

Dr. Tom Brewer of San Francisco has a new, objective concept of the human nervous system. His paper "No War on Children" deals with how the human brain stores experiences on self-reexciting circuits of neuron chains, how a function of the brain is to find meaning and certainty, and the role of tradition and authority in this.

Urged by the fact that there is no place to hide from the threatening explosion in the political-military-industrial conflict, Dr. Brewer says, "We are faced with almost certain universal human destruction unless we can learn new concepts and bring them to the consciousness of millions of our fellow Americans."

Dr. Brewer's paper on militarism and brain functioning was read in August at the 1965 International Conference for General Semantics, in San Francisco, and is available free in the **Journal of American Society to Defend Children** (163 18th Ave., San Francisco, Calif. 94121).

Headquarters Community News

Spontaneous Weekend at Old Mill

Ben Zablocki, Box 281, Baltimore, Md., writes: "Some great things have come out of the June Youth Rally and the July School of Living Workshop, for us. The last weekend of July four of us from Baltimore drove to Philadelphia and spent most of Saturday night discussing community with the Stephens, Elwells, Wingrens, Barbie Silberger and Bruce Noble. We also decided we wanted the experience of working together as well as talking, so the 12 of us and the six children spent Sunday at Heathcote working in the garden. The influence of Old Mill activities is working in this part of the country even before the place is ready for action."

Workshop Significant for Walter Sprague

"I had planned to come to the Youth Rally in June. I feel I was then unprepared for and might have been turned away by concepts expressed there. As it turns out, I was better informed and receptive to ideas presented at the Workshop. For me this was a turning point about which my life is going to revolve. I had the ingredients for new direction of inquiry and activity, but you and the others had the recipe for sane action and living. . . . The School of Living offers so much to people who are seeking a better way that I do not see how I am to keep from doing whatever I can to advance its influence and progress. After this summer I hope to divide my effort between my organ business and the School of Living."

A Progress Report and Appeal for Helpers for a Sept. 4, 5, and 6 Workbee at Old Mill Farm, Heathcote Road, Freeland, Md., was mailed to all School of Living members on Aug. 10. If you did not receive your copy, let us know.—Dee Hamilton, Hugh Graham, Bill Anacker, Committee. (We welcome workers on any weekend. We'd appreciate your bringing contributions to the food budget.)