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Pennsylvania Counseling Association (PCA)

2-27-2016

## 2016-02-27 PCA PCA Report

Pennsylvania Counseling Association

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## **PCA** Report

Date: 2.27.16 (activity since 11.6.15)

Division/Branch/Position: President

Chair Person Name: Paul Datti If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

 Update on insurance paneling and PGA marketing survey and next steps

Attending the Upcoming PCA Meeting: (please highlight one) YES NO If attending via skype, list skype name:

If attending via conference call, please provide phone number:

## Summary/Update:

- For conference planning, held conference calls with the conference co-chairs and met in person with co-chairs and treasurer at the fall conference:
  - Discussed a change of venue for 2017 (our contract at the Penn Stater ends Nov 2016 (conference is scheduled for (11.11-13.16).
  - Researched venues, including Kalahari Resort and Convention Center; the May board meeting will occur there so the executive committee can tour the facilities and get information.

- Met with several members of the Past Presidents committee for revitalization as an advocacy committee for PCA.
- Reviewed and approved the Winter newsletter.
- Prepared and submitted nomination for PCA for the ACA Best Innovative Practice Award. We won!
- Had several contacts with current president of NEPCA, Larissa Valonis to reconnect the chapter with PCA and the executive council
- Worked with leadership of GPACA on coordinating the final steps for their chapter's official launch.
- Worked with PCA members interested in restarting a marriage, couples, and family division; provided them information and bylaw procedures for activating this division.
- Continued to respond to several professional inquiries on various topics that come in through the main PCA email.
- Collected data on the PCA insurance paneling and PCA marketing survey. We received about 300 responses. See the data report at the Meeting for details.
- Prepared and submitted a report for presentation at the ACA Governing Council Meeting in March at the ACA conference in Montreal (attached, include expected accomplishments for PCA through July 1, 2016).
- Prepared this report, reviewed materials for agenda finalization, and coordinated the 2.27.16 meeting.

#### Pennsylvania Counseling Association (PCA) Report 2016

#### **Current Leadership:**

President: Paul A. Datti, PhD, CRC, HS-BCP

Past President: Michelle L. Bruno, PhD., NCC, LPC
 President Elect: Charles Jacob, PhD, NCC, LPC

• Treasurer: J. Otis Smith, LPC

Secretary: Linda Thompson, PhD., LPC

#### Key Accomplishments since July 1, 2015:

#### **ACA-ILT Attendance**:

 July 22-25, 2015 (Arlington, VA/ Washington, DC): PCA President, Paul Datti, and Secretary, Linda Thompson, attended. Leaders participated in educational sessions, met with Governing Council members and the Leadership Services Director on a state-wide advocacy initiative (see immediately below), and advocated on Capitol Hill for various initiatives, including the Elementary and Secondary School Counseling Program, inclusion of LPCs in the VA, and professional counselor Medicare reimbursement.

#### Innovative Practice/Advocacy Initiative (Insurance Paneling Survey):

September 2015 – present: Some PCA members expressed to our board that they were experiencing difficulties becoming paneled by insurance companies, and as a result, PCA members worked to create a survey to better understand these concerns and seek additional feedback and support from practicing counselors. With the help of ACA, the survey went out to over 3,000 counselors and counselor-trainees in Pennsylvania, raising awareness throughout the state and beginning an important dialogue about advocacy for LPCs and the importance of obtaining a lobbyist for this and related issues. We received approximately 300 responses thus far; while the survey is still in the early phase of data collection, analysis, and dissemination, preliminary results, while not necessarily correlated with each other, indicate that 47% of PA LPCs have been denied paneling by at least one insurer while 82% of them reported having openings for new clients.

#### Membership Increase Initiatives:

- In conjunction with the advocacy effort noted immediately above, the board developed a marketing initiative for PCA membership and Fall conference attendance. Since the initiative began, membership increased approximately 20%. In addition, while our conference had always been well attended, we experienced an approximate 20% increase in attendance of that as well.
- Another membership initiative that contributed to the increase was the provision of a special 50% savings for new student members who attended the Fall conference.

#### Annual Conference:

 11/6-11/8/15 at the Penn Stater Conference Hotel, State College, PA. The conference was well attended (approximately 220 registrants) and had the theme, "Striving for More: Keeping Diversity and Social Justice on the Forefront."

#### Peer Reviewed Journal:

• The Journal of the Pennsylvania Counseling Association (JPCA), Vol. 14, No. 2, was published in Fall 2015.

#### Accomplishments Expected by July 1, 2016:

<u>Innovative Practice/Advocacy Initiative (Insurance Paneling Survey)</u>: Activities on this initiative are continuing and expecting to continue through July 1, including further survey data analysis and dissemination among members, discussion on how the data may be used to address the issue as well as address issues on the legislative level with regards to insurance laws and the like.

Efforts to Secure a Lobbyist: With regards to the above and other issues (e.g., helping to define specifics of the practice of counseling separate from other branches of mental health), a goal for July 1 is to initiate a plan to secure a lobbyist for professional counselors in the state of Pennsylvania. The President-Elect has already been in contact with a local law firm and plans are being formulated to be discussed at our next board meeting to begin increasing PCA revenue for this purpose.

<u>Elections</u>: The Treasurer and Secretary's terms conclude on July 1. The immediate Past President is coordinating nominations and elections for these positions as well as for the new President-Elect.

<u>Peer Reviewed Journal</u>: The Journal of the Pennsylvania Counseling Association (JPCA), Vol. 15, No. 1, is expected to be published in Spring 2016.

<u>New Chapter</u>: Efforts are underway and we are expected to have bylaws, membership, and leadership in place for a new chapter, the Greater Philadelphia Area Counseling Association (GPACA).

<u>Conferences</u>: In addition to our regional spring conference (this year in April at Lasalle University in the Philadelphia area, sponsored by the Pennsylvania Association of Counselor Education and Supervision), extensive annual Fall conference planning, including venue preparation, theme development, securing a key note speaker, and a call for proposals, etc., are all expected to occur before July 1.

Respectfully submitted,

Paul A. Datti, PhD., CRC, HS-BCP President, Pennsylvania Counseling Association

Date: 2.27.16

Division/Branch/Position: Secretary

Chair Person Name: Linda Thompson
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

li attending via conference call, please provide phone number:

Summary/Update of Action Item: Compiled reports and minutes for meetings.

Additional comments: n/a

Date: 02/10/16

Division/Branch/Position: Greater Pittsburgh Counseling Association

Chair Person Name: Mike Elliot

If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name: mmelliot

li attending via conference call, please provide phone number:

Summary/Update of Action Item:

AM

#### additional comments:

We recently did a survey of our membership to see where they wanted us to focus our efforts this year. The 3 areas they selected were on networking events, trainings, and a web site. Our first effort in this is a networking event hosted by Persad Center. It is an LGBT counseling center. They will be doing a presentation on "Working With LGBT Clients" and this will be followed with refreshments and socializing.

#### **PCA REPORT**

Date: 2/27/2016

Division/Branch/Position: GPACA (Greater PA Aarea Counseling Assn)

Chair Person Name: Minna Davis, Acting President
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
Weather permitting:
YES NO

If attending via skype, list skype name:

msminna1946 (if unable to attend in person)

If attending via conference call, please provide phone number:

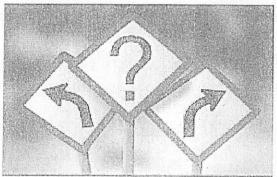
Summary/Update of Action Item:

On March 12, 2016 GPACA is having its kick-off event. Please pass on information about the event to students and colleagues you think may be interested. See flyer below.

# The Future of Counseling:

Where we were and where we are going

CHARLES JACOB, PHD, LPC, LMFT, PCA President Elect



Saturday March 12<sup>th</sup> 9am - 12 noon Neumann University, Mirenda Center

> One Neumann Drive Aston, PA 19014 Cost: FREE

GPACA Membership: \$10,00

RSVP to GPACA Acting President Minna Davis at:

<u>MinnaDavis1@gmail.com</u>

This Workshop Brought to You by:
GREATER PHILADELPHIA AREA COUNSELING ASSOCIATION (GPACA),
Chapter of PA Counseling Association (PCA)

NBCC clock hours: 3



Holy Family University has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4476. Programs that do not qualify for NBCC credit are clearly identified. Holy Family University is solely responsible for all aspects of the programs.

Date: February 27, 2016

Division/Branch/Position: Archives Committee Chair

Chair Person Name: Mark E. Kenney M.Ed., NCC, LPC

If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

#### Summary/Update of Action Item:

- 1. Keeping up with documents on external hard-drive
- 2. Continuing to scan older documents
- 3. Following up with inquiries from interested parties regarding PAMFC

Date: 1-28-16

Division/Branch/Position: Awards Chair

Chair Person Name: Lauren C. Ostrowski, MA, LPC, NCC, DCC and Ryan Gruber,

M.Ed.

If chair is not attending, please indicate name of designee: Ryan will most likely be

there either in person or on the phone

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)

YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

#### Summary/Update of Action Item:

- A newsletter article was written regarding the 2015 award winners.
- The due date for 2016 nominations was changed to September 30, 2016 to reflect the changed conference date.
- Action item: Currently there is an award for practitioners with name and criteria as follows: "PCA Eminent Practitioner Award Awarded to an outstanding professional counselor for service to the profession; nominees do NOT need to be PCA members." We are asking the Board to vote on renaming the award to "PCA Outstanding Practitioner Award." This would both give some consistency in award names and it would also be more recognizable at quick glance as an award that is designed for practicing counselors.

#### Additional comments:

Date: November 3, 2015

Division/Branch/Position: President-Elect

Chair Person Name: Charles Jacob, Ph.D.

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting: ((please highlight one) YES NO If attending via skype, list skype name:

If attending via conference call, please provide phone number: 412-596-3870

#### Summary/Update of Action Item:

- Met with Janelle Lynch of Malady and Wooten on January 21st to discuss lobbying services for professional counselors. The firm has put together a formal offer, and PCA will review proposed benefits and options to fund this service.
- Suzanne Morano provided PCA with a check in the amount of \$1,517.12. These funds come from the dissolution of the "PA Alliance of Counselors."
- Dr. James F. Alexander (University of Utah and Functional Family Therapy) has agreed to be our keynote speaker for the conference in the fall of 2016. He has agreed to waive the honorarium contingent upon our providing a free registration to another representative of Functional Family Therapy.

Additional comments: NA

Date: 2.27.16

Division/Branch/Position: Past President

Chair Person Name: Michelle Bruno
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

During this report period, I contributed an entry for the newsletter. This submission included a call for nominations for President Elect, Treasurer, and Secretary.

I have been in contact with the executive council as needed (via email). This included reviewing the branch award application. I also met with several Past Presidents regarding the role of this committee.

Finally, I plan to begin the process of identifying organizations that will donate items for the conference and would like to solicit ideas on agencies/organizations who might be willing to sponsor PCA for the 2016 conference. Each division is asked to consider making a donation for the raffle as well.

Additional comments: n/a

Respectfully submitted,

Michelle L. Bruno

Date: 2/15/2016

Division/Branch/Position: Pennsylvania Association of Child and Adolescent Counselors (PACAC)

Chair Person Name: Derek J. Parker
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number: 814-221-5744

Summary/Update of Action Item: No action items for the meeting.

PACAC is still in need of officers. At this point we have a significant need for Secretary and Treasurer as well as President Elect. Efforts will ramp up in the next few weeks to try and solicit members to fill these roles.

PACAC has continued to monitor news and provide postings on the Facebook page.

Additional comments:

Date: October 8, 2015

Division/Branch/Position: PACES

Chair Person Name: Charles Jacob, Ph.D. (president)

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting: ((please highlight one) YES NO If attending via skype, list skype name:

If attending via conference call, please provide phone number: 412-596-3870

Summary/Update of Action Item:

- Review of the PACES board meeting minutes from the fall PCA conference.
- Faculty at Eastern University have written a letter to PACES regarding accreditation issues.
- An eastern region conference will take place on Friday, April 15th at La Salle University's Plymouth Meeting campus. A rough draft of the agenda and panelists will be reviewed.

Additional comments: NA

Date: February 15, 2016

Division/Branch/Position: PALGBTIC

Chair Person Name: Ryan Gruber

If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES

Attending the Upcoming PCA Meeting in person: ((please highlight one)

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

A/M

#### Additional comments:

PALGETIC members continue to work in developing a day long training for affirmative practices for LGBT populations - currently awaiting on more information for the 2016 Annual PCA Conference as a possible venue and time.

Members have continued with community outreach by brainstorming professional groups to meet with and developing a presence on social media.

Members are preparing possible presentations for a PALGBTIC track at the 2016 Annual PCA Conference

Date: February 27, 2016

Division/Branch/Position: PAMCD Representative

Chair Person Name: Mark E. Kenney M.Ed., NCC, LPC
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

#### Summary/Update of Action Item:

- 1. At the 2015 PCA conference, J.Otis Smith and I met with three conference participants during the branch division meeting time who volunteered to serve as "interim" leaders for the remainder of the 2015-16 fiscal year while our roles would change o being consultants. Since this meeting, I have been delayed in executing this change in leadership due to family medical reasons. In preparing this report, I reviewed the last three months of our membership list and noticed that all three are not currently PAMCD members. I will also have to check on the "interim" president's PCA/ACA membership status. During this upcoming week, I am planning to see if I can correct this situation and provide an update to the board at the meeting regarding the status of these three "interim" leaders.
- 2. I did close the bank account that I have been maintaining during my time period as the representative. J. Otis and I will have to figure out the membership dues owed to PAMCD since I stopped accepting the membership dues from the PCA account. Once the leadership situation is solidified, then I will forward the bank check to the new leadership team.
- 3. As per the by-laws, an election needs to be held this spring in order to determine the leadership team for the 2016-17 fiscal year.

Date: February 16, 2016

Division/Branch/Position: Ethics

Chair Person Name: Gregory Roth, Ph.D.

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting: ((please highlight one) YES NO If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

Nothing to report

#### Additional comments:

Not an ethics concern, but I haven't seen any banner approval requests in many months.

Date: February 27, 2016

Division/Branch/Position: Government Relations Committee

Chair Person Name: Kristen Hawk and Nellie Scanlon
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

Co-chairs connected after PCA conference to formulate goals and strategize next steps. As a result, the committee was contacted and asked to indicate interest in any of the four following initiatives. The sub-committees and members are listed below as they stand now.

- a. Getting a Lobbyist: How to help raise awareness and funds
  Nellie Scanlon
  Joan Kaylor
  Patricia Boswell
  Ashley Coombs
- b. LPC's reimbursement by insurance companies/Medicare: How we can help get the attention of our state representatives and legislators
   Nellie Scanlon
   Joan Kaylor
   Lauren Ostrowski
   Patricia Boswell
   Paul Bensur Jr.

c. Master's Level clinicians' compensation: Advocating for increased wages
Kristen Hawk
Joan Kaylor
Patricia Boswell
Ashley Coombs
Marta Smith

d. CACREP vs. other accrediting bodies: how can we advocate for all counselors

Kristen Hawk Beth McNamara

Co-chairs would like to get feedback from the board about any action that has been done or have any information that could help the committee move forward productively and efficiently.

Need to determine a more streamlined process for moving forward on initiatives in between meetings. Who needs to be contacted and who needs to approve once subcommittees determine a plan of action?

We are still trying to maintain presence at the Board Meetings in Harrisburg

Date: 2/18/16

Division/Branch/Position: Graduate Student Liaison

Chair Person Name:

If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

Would like to discuss details of proposal for a student summit at the April Northeast PA Chapter Conference. The summit would be comprised of:

- a group activity on ethical challenges in counseling;
- a town hall-style discussion of student's perspective of their needs and wants as they build their counselor identity; and,
- possible other activities based on ideas of other attendees of February's Executive Council meeting.

Date: 10.30.2015

Division/Branch/Position: Social Media and Advertising Chair

Chair Person Name: Abby Dougherty
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

lf attending via skype, list skype name:

li attending via conference call, please provide phone number:

### Summary/Update of Action Item:

- Please welcome Bonnie Steich. Bonnie will now be co-chairing the social media and advertising committee with me (Yay!  $\odot$ ).
- Developed a career development presentation (see hand-out) on for counselors for PCA. We would like to do this as webinar. Does anyone have access to something like Adobe Connect or other software we could use for the presentation? Please feel free to provide feedback that could enhance the presentation.

#### Review of membership

- 354 members on facebook
- 124 people following on twitter
- 84 members on linkedin
   Additional comments:

# I am conducting my dissertation research, and I would like permission to post my request to participate on the PCA website.

#### Research Study Announcement

My name is Abby Dougherty, and I am a doctoral student at Walden University. You are invited to take part in a research study entitled, "Mindfulness Practices: The Lived Experience of Counselor Educators". I am currently seeking participants for my qualitative dissertation study that is focused on exploring the lived experiences of counselor educators with a daily mindfulness practice in the classroom with culturally diverse students. Participation in this study is strictly voluntary and may withdrawal at anytime. This study has passed the institutional review board (Walden IRB# 02-10-16-0127744).

If you are interested in participating, I would be happy to provide further information on participating in this study.

#### If the participant responds yes:

I am seeking Counselor Educators who meet the following criteria:

- (1) Have a PhD or EdD in counselor education or counseling psychology
- (2) Currently teach in a master's or doctoral level counseling program
- (3) Currently identify as having a daily mindfulness practice
- (4) Has the ability to access a phone, the internet, and email
- (5) Can commit to a 60-90 minute interview at a time of your choosing
- (6) Provide follow-up information after the interview

If this is something you might be interested in participating in I would be happy to send you an informed consent document that will discuss everything I went over in detail. Once you have a chance to take a look at the informed consent we will schedule a time to conduct a 60-90 minute interview. The interview will be scheduled at a time and format of your convenience. The interview can be done in person if you're not too far from the Philadelphia area, or by phone or video conferencing. Whichever is easiest for you.

#### Contacts and questions:

You may contact Abby Dougherty via email (abby.platt@waldenu.edu) or by phone (610-620-4622). If you have any questions or concerns about your rights as a participant, you can contact Dr. Leilani Endicott (Walden University representative) at irb@waldenu.edu.

Date: 2.19.16

Division/Branch/Position: Nominations and elections

Chair Person Name: Michelle Bruno If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Affending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

Summary/Update of Action Item:

The deadline for nominations for President Elect, Secretary, and Past President has been extended to February 29 at 5 pm. I am pleased to share that we have received one nomination for the Secretary Position. The other two leadership positions remain vacant.

In addition, we are in need of leadership for PSGW. I have been in touch with Carolyn Thomas, the ASGW Branches Chair. She has temporarily listed me as the contact person until we can fulfill this position. I am requesting that you share this opening with colleagues so that we can revitalize this important division. I requested that Deneen send an email to all current members in hopes of garnering interest.

Additional comments:

Respectfully submitted,

Michelle L. Bruno

#### PCA REPORT

Date: 2/27/2016

Division/Branch/Position: Newletter

Chair Person Name: Minna Davis, Editor
If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
Weather permitting:
YES NO

If attending via skype, list skype name:
msminna1946 (if unable to attend in person)
li attending via conference call, please provide phone number:

Summary/Update of Action Item:

Material for the the next newsletter is due on Friday, March 18, 2016. Please make every effort to get me material covering January, February, March and any upcoming events: For example,

- Awards nomination
- Grad leader reflections (otherwise do in the Summer issue)
- Nominations for PCA Board

Date: 1-30-16

Division/Branch/Position: Supervision Registry Committee

Chair Person Name: Abby Dougherty, MS, NCC, LPC and Lauren Ostrowski, MA,

LPC, NCC, DCC

If chair is not attending, please indicate name of designee: Abby will be there.

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number:

#### Summary/Update of Action Item:

- Can we cover the cost of a bulk mailing to more than 6000 people, and do we want too (see mail info below)?
- How to obtain the list of LPC's from board.
- Should supervisors who are listed on the registry be PCA members? Can being on the registry serve as a way to entice new members?
- How do we cover the cost going forward? Would we want to charge people for being on the list? Do we charge for using it? How do we figure out what the fee would need to be without knowing what the turnout or interest is? Would there be an annual renewal fee?
- Do we want the list to be on the members-only section of the site?

#### Additional comments:

- Spoke with Holly Branthoover about previous PCA registry as well as concerns about how there was not a lot of interest, even when the registry was on the public part of the website
- Spoke with Deneen Pennington about how it would cost \$300-600 (and this can be done fairly quickly) to put this information on the website

- There is a disclaimer that PCA does not independently verify any information regarding supervisors and any questions should be directed to the State Board
- The current registry form asks for name, address, phone number, e-mail address, county, information about degree, license, and certifications, and counseling competencies or specialty areas of practice
- The standards for supervisors are also listed directly from the Chapter 49 website
- Several different examples of disclosure statements are available
- For postcard mailings, even when it's a bulk mailing, there is no break down. The cost is .35 cents per mailing. If we want to do bulk mailing, we can only mail from post offices that offer this service. For me (Abby), that would be West Chester. Also, in order to do bulk mailing we would have to apply for a permit. The application cost is \$200.00. Then, if we don't want to put 4000 stamps on postcards, then we have to apply so that we can rent a meter (\$200 a month).

Date: February 8, 2016

Division/Branch/Position: Co Chair Membership Committee

Chair Person Name: Debra Hyatt-Burkhart
Eric Owens

If chair is not attending, please indicate name of designee: Eric Owens will attend via conference call.

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number: 412 953-8565

Summary/Update of Action Item:

We had been charged with exploring the possibility of extending membership to undergraduate students. Attached you will find a report that details the findings of our research into the policy of other state counseling agencies. It appears that several of the state associations do permit undergraduate membership. It also appears that most of these memberships require a minimum number of credit hours of enrollment in a counseling related program and the endorsement of a faculty member. It would seem to this committee that allowing undergraduate students to become members of PCA, should they identify as counselors or counselors in training, would not be detrimental to the organization and could enhance our membership and future recruitment efforts. Additionally, there is precedent among state divisions to allow for this.

#### Additional comments:

#### State Counseling Associations with Undergraduate Memberships

1. Alabama Counseling Association (http://www.alabamacounseling.org/meminfo.html)

Undergraduate Membership? Yes -certification of advisor is required. The benefits of becoming a member are not specified for the different memberships. (annual fall conference, drive-in workshops, ceu credit opportunities, newsletter, journal, affiliation with aca, liability and personal insurance, counselor locator service, legal advice service, listserv, website

2. Alaska Counseling Association (http://www.alaskacounseling.org/3/miscellaneous6.htm)

Undergraduate Membership? Does not appear to

3. Arizona Counselors Association (https://azca.org/)

Link was not working

4. Arkansas Counseling Association (http://www.arcounseling.org/benefits-to-membership/)

Undergraduate Membership? Only stated that a student membership was available, but did not have any description of who that included

5. California Counseling Association (https://cacounseling.wildapricot.org/)

Undergraduate Membership? No

6. Colorado Counseling Association (<a href="http://www.coloradocounselingassociation.org/page-759778">http://www.coloradocounselingassociation.org/page-759778</a>)

Undergraduate Membership? Not sure, "Student members are persons enrolled at least halftime in a program in counseling or closely related field (as defined by the school's criteria) in a college or university counseling program." 7. Connecticut Counseling Association (https://ccacounseling.com/register/)

Undergraduate Membership? No

8. Delaware Professional Counselors Association (http://www.decounselors.org/)

Undergraduate Membership? No

9. Florida Counseling Association (http://www.flacounseling.org/?)

Undergraduate Membership? Yes; Individuals who are attending an institution or higher education in the State of Florida as an undergraduate or graduate student preparing for professional counseling or a closely related profession - psychology, social work, medicine (psychiatry), nursing (psychiatric nursing); or individuals who live in Florida and are attending an out-of-state or on-line institution of higher education graduate program preparing for professional counseling or a closely related profession. Student membership status shall not be extended beyond three years, requires at least 1/2-time enrollment and the verification by an academic advisor, professional development, advocacy, resources

10. Licensed Professional Counselors Association of Georgia (<a href="http://www.lpcaga.org/index.php?customernumber=449823599642682&pr=About\_Us0">http://www.lpcaga.org/index.php?customernumber=449823599642682&pr=About\_Us0</a>) Georgia has many different organizations for specific types of counselors...

Undergraduate Membership? No

11. Hawaii Counselors Association (http://hawaiicounselors.org/)

Undergraduate Membership? Yes - student cert required when joining or renewing. "Student members receive the same benefits as regular members." (newsletter, directory, announcements about PD, discounts for workshops, activities, and annual conference

12. Idaho Counseling Association (https://ica24.wildapricot.org/)

Undergraduate Membership? Unsure, "Must be enrolled half-time or more in a counseling or a closely related mental health field, but does not hold a master's degree in counseling."

13. Illinois Counseling Association (http://www.ilcounseling.org/)

Under	graduate	Membe	rshin?	No
Oliuci,	graduate	141011100		140

14. Indiana Counseling Association (<a href="http://www.indianacounseling.org/">http://www.indianacounseling.org/</a>)

Undergraduate Membership? No

15. Iowa Mental Health Counselors Association (http://imhca.net/)

Undergraduate Membership? Not sure, just referred to membership for "full time students" professional development, newsletters

16. Kansas Counseling Association (http://kscounseling.org/)

Undergraduate Membership? Did not have a description for student membership

17. Kentucky Counseling Association (https://kca.memberclicks.net/)

Undergraduate Membership? Could not find details on "Student Membership"

18. Louisiana Counseling Association (<a href="http://www.lacounseling.org/lca/default.asp">http://www.lacounseling.org/lca/default.asp</a>)

Undergraduate Membership? No

19. Maine Counseling Association (http://www.maineca.org/)

Undergraduate Membership? No

20. Maryland Counseling Association (http://www.mdcounseling.org/)

Undergraduate Membership? Did not have a description under student membership

21. Massachusetts Mental Health Counselors Association (http://www.mamhca.org/)

Undergraduate Membership? Did not have a description for student membership

- 22. Michigan Counseling Association (http://www.michigancounselingassociation.com/)
  Undergraduate Membership? Did not have a description for student membership
- 23. Minnesota Counseling Association (<a href="http://mnca.org/">http://mnca.org/</a>)
  Undergraduate Membership? Did not have a description for student membership
- 24. Mississippi Counseling Association (<a href="https://mica.memberclicks.net/">https://mica.memberclicks.net/</a>)
  Undergraduate Membership? Not sure, "students who are studying counseling"
- 25. American Counseling Association of Missouri (<a href="http://www.counselingmissouri.org/">http://www.counselingmissouri.org/</a>)
  Undergraduate Membership? Not sure, "Any student or recent graduate..."
- 26. Montana Counseling Association
  WEBSITE DID NOT WORK
- 27. Nebraska Counseling Association (<a href="http://www.necounseling.org/">http://www.necounseling.org/</a>)
  Undergraduate Membership? Not sure, "student enrolled in a counseling program"
- 28. Nevada Counseling Association (<a href="http://www.nvcounseling.org/about.html">http://www.nvcounseling.org/about.html</a>)
  Undergraduate Membership? No description of student membership
- 29. New Hampshire Mental Health Counseling Association (<a href="http://www.nhmhca.org/">http://www.nhmhca.org/</a>)
  Undergraduate Membership? Could not find membership descriptions
- 30. New Jersey Counseling Association (<a href="http://www.njcounseling.org/">http://www.njcounseling.org/</a>)

  Undergraduate Membership? Not sure, students in a counseling program

- 31. New Mexico Counseling Association (<a href="http://www.nmca-nm.org/">http://www.nmca-nm.org/</a>)
  Undergraduate Membership? Yes
- 32. American Counseling Association of New York (<a href="http://www.counselingny.org/">http://www.counselingny.org/</a>)
  Undergraduate Membership? Need to be a member of ACA...then all memberships are free
- 33. North Carolina Counseling Association (<a href="http://nccounselingassociation.org/">http://nccounselingassociation.org/</a>)
  Undergraduate Membership? No
- 34. North Dakota Counseling Association (<a href="http://www.ndcounseling.org/">http://www.ndcounseling.org/</a>)
  Undergraduate Membership? Could not find descriptions
- 35. Ohio Counseling Association (http://www.ohiocounseling.org/)
  Undergraduate Membership? No
- 36. Oklahoma Counseling Association (<a href="http://www.oklahomacounseling.org/">http://www.oklahomacounseling.org/</a>)
  Undergraduate Membership? Not sure, "A student member must be enrolled in a minimum of 6 hours and provide proof of student status."
- 37. Oregon Counseling Association (http://or-counseling.org/membership/)
  Undergraduate Membership? Could not find description of membership options
- 38. Rhode Island Mental Health Counselors Association (<a href="http://www.rimhca.org/">http://www.rimhca.org/</a>)
  Undergraduate Membership? No
- 39. South Carolina Counseling Association (http://sccounselor.org/index.html)

Undergraduate Membership? Not sure, You must provide a current student email account to be eligible for the student discount. Expanding social network, professional development, access to journal and pubs, advocacy, education

40. South Dakota Counseling Association (<a href="http://www.sdcounseling.org/">http://www.sdcounseling.org/</a>)

Undergraduate Membership? No description of memberships

41. Tennessee Counseling Association (http://www.tncounselors.org/)

Undergraduate Membership? Not sure, "\*\* The applicant is a student in a counseling program and is not currently practicing as a counselor (Professor's

information and signature required for membership rate of \$25 per year.)"

42. Texas Counseling Association (http://www.txca.org/tca/default.asp)

Undergraduate Membership? Unsure, "Students enrolled in a post-secondary program in the area of human development who are not employed more than half-time as a professional counselor." Benefits include insurance, leadership opportunities, networking opportunities, and conference opportunities

43. Utah Counseling Association (https://utahcounselingassociation.wordpress.com/)

Undergraduate Membership? Just have to join the ACA

44. Vermont Mental Health Counselors Association (http://www.vtmhca.org/)

Undergraduate Membership? No

45. Virginia Counselors Association (http://www.vcacounselors.org/?)

Undergraduate Membership? Yes, "Any individual who is a full- or part-time student in a program related to counseling. Student membership is subject to verification of student status to receive the discounted membership rate. Student members shall be eligible to vote."

46. Washington Counseling Association (http://wacounseling.org/)

Undergraduate Membership? Did not have a description of memberships

47. West Virginia Counseling Association (<a href="http://www.wvcounseling.org/">http://www.wvcounseling.org/</a>)

Undergraduate Membership? Did not have a description of memberships

48. Wisconsin Counseling Association (http://www.wicounseling.org/?)

Undergraduate Membership? Yes? "persons enrolled at least half-time in a program in counseling or closely related field in a college or university counseling program."

49. Wyoming Counseling Association (http://www.wyomingcounselingassociation.com/)

Undergraduate Membership? Did not have a description

Date: 2/27/2016

**Division/Branch/Position: Professional Development** 

**Chair Person Name: Ashley Deurlein** 

If chair is not attending, please indicate name of designee:

Action Item for Upcoming PCA Meeting: (please highlight one) YES NO

Attending the Upcoming PCA Meeting in person: ((please highlight one)
YES NO

If attending via skype, list skype name:

If attending via conference call, please provide phone number: 7246647919

Summary/Update of Action Item:

**Additional comments:**