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Pennsylvania Counseling Association (PCA)

7-20-2007

## 2007-07-20 PCA Profesional Development Report, May 10, 2007

Pennsylvania Counseling Association

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# PENNSYLVANIA COUNSELING ASSOCIATION Professional Development May 10, 2007

In the past three months, two chapters and divisions applied for NBCC approval for continuing education units for three workshops.

Montgomery County Counseling Association:

"The Angry Smile: Understanding Passive Aggressive Behavior" 3/08/07 for a total of 2.0 continuing education units

"Stress: From Burn Out to Chill Out" 5/4/07 for a total of 3.0 continuing education units

#### **PASERVIC Annual Retreat**

"Effortless Meditation and Other Stress Management Techniques"

"Introduction to Reflexology"

"Dance as a Therapeutic Tool"

5/18/07-5/20/07 for a total of 6.0 continuing education units

Respectfully submitted,

Kathleen Holden, M.Ed Chair Professional Development Committee