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Let's Visit a Homestead - The Cole Family - Six of Them - Thrives at Sylvan Glen Homestead

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THE GREEN

FOR HOMESTEADERS, ON-TO-THE-LANDERS,
AND DO-IT-YOURSELFERS



REVOLUTION

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Protective "Shots" For Infants And Children Are Questioned

Mrs. David (Carol) Hatch, of the Hatch Loan Library Service, reports here a pro and con discussion of administering serum and antibodies to youngsters in an effort to prevent colds, measles, scarlet fever and other diseases. Carol and David are students of nutrition, and delivered their baby naturally without assistance (see *Green Revolution*, Feb. 1965). A discerning person has described the boy as the "finest specimen of infancy one could imagine." The points in favor of shots were taken by Carol from a recent widely circulated pamphlet. The "con" arguments are her own.

1. Pro. "Polio, smallpox, DPT and other shots are protective against diseases which cannot be fought off simply by being healthy."

Con. This is definitely not true of polio, since immunity is contingent upon the state of one's blood sugar. (See *Diet Prevents Polio* by Dr. Sandler.) In an article in a 1962 *Minority of One*, Dr. Ernest Zeisler gives statistics that do not agree with the statement that a decrease in children's diseases is due to vaccinations. Dr. McCormack of Toronto, Canada, claims that the elimination of contagious epidemics is due mostly to improved sanitation, better transportation of fruits and increase in vitamin C intake. He reports one death from small

pox in 1948, and 200-300 deaths from vaccination complications. (*Health Bulletin*, June 12, 1965)

2. Pro. "Shots give the body a chance to build up antibodies against these specific diseases naturally, by giving the child a small case of the disease."

Con. It is never desirable to inject foreign substances into the blood stream of a healthy individual. Even a "small case" is a serious one, depending on the individual.

3. Pro. "I live in New York and after checking I have discovered that rarely, if at all, has any person managed to keep a child from getting these shots at school, regardless of religious or personal feeling. All children must be considered, etc.—especially if parents would allow penicillin or surgery, if that were indicated."

Con. As far as we are concerned, surgery is for emergencies only, and we know of nothing which would make penicillin necessary except emergency use, certainly not anywhere near the percentage of cases for which these techniques are used at present. In Vermont, the shots are not mandatory at all, so it is easy for our children to be spared this. The fact that my child is not immunized does not put any other child in jeopardy. All who want the shots, presumably, have gotten immunized, and do not have to worry about their risks.

4. Pro. "Most important, there have been some really pathetic children who never received the shots and were very ill or died from whooping cough, pertussis or polio, or ended up with encephalitis from receiving the shots too late. This is especially true of small pox. Children aged 6, 9, or 12 months don't know what to do with an itching vaccination site. Five year olds know to scratch, and can get smallpox scars all over them because of spreading it. It can be really (continued on page 3)

Let's Visit A Homestead—

The Cole Family — Six of Them — Thrives at Sylvan Glen Homestead



SOMEONE can surely make it work (Glen, Wayne, Brian, Alan, and Darrel Cole), and, on right, look how well the men keep the cook supplied.

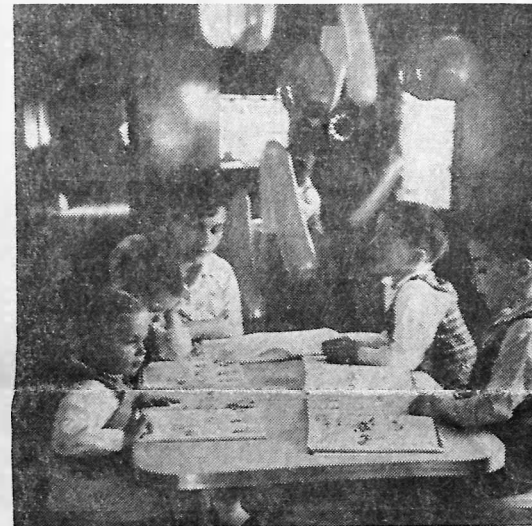
By Mildred J. Loomis

Darrel and Margaret Cole, and four young sons, are secure and happy on their 11 acres, back from the highway, Route 1, near Bear Lake, Michigan.

We were coming to the end of a lovely 50-mile drive from a Sutton's Bay School of Living meeting in late August. We had stopped at various lookouts to view the majestic expanse of Lake Michigan; we had arrived at the gushing spring near the Cole's home, called Old Facefull, and each one had refreshed himself with a face-full from this little geyser. Soon we turned down the long lane to Sylvan Glen, through the woods and garden spots, to their neat trailer home with its built-on porch and living room. Before entering, we followed the children to their rope swing where each one, including adults, took a turn swinging far out over the ravine.

After an inspection of their efficient house, noting shelves of newly-processed tomatoes and vegetables, we toured the homestead. Just beyond the neat, birch-shaded lawn, we stepped into deep woods, to peer at the

COLE children attend their school.
Wayne
Glen
Margaret
Brian
Alan



beautiful orange and white mushrooms; we saw where the new house was to come, and crossed the glen on a footbridge to a secluded orchard and garden. Farther on we came to the lane and another lush garden, where the children exhibited their "rows" of many types of plants, from a cherished 1¢ packet of mixed seeds. The soil here is a rich, sandy loam, and the prize main crop of this plot was squash (Butternut and Acorn, huge fruit and vines without a bug or blemish. On to the orchard on the side hill, with neat, well-clipped paths from tree to tree, to inspect each of the many kinds of fruit and nut trees. (The Coles are "natural hygienists.")

Here was a huge mound—10 feet by 4 wide and 4 high—of cherry pits, used for mulching the trees. They are in the cherry center of the world. Then on down to the strawberry patch, past the old beaver dam swamp which some marauders had spoiled with dynamite, down to the private beach on big Lake Michigan. We took off our shoes and walked on the cool beach, and then returned to the house. This time we stopped at the garden of greens to exclaim over the lush chard, beets, broccoli, cabbage, artichokes and cauliflower. We heard the story of bringing in tons of refuse from a nearby canning factory to change this spot from hard clay to mellow, humus-laden, highly-productive garden soil.

Back at the house we ate heartily of juicy watermelon and talked about their plans for the future. Darrel works in a nearby factory at night, to more quickly pay off the mortgage on the homestead. Their strong hope is that a group of interested homesteaders will come to settle near them, on 40 adjoining acres that belongs to a relative and another 40 beyond that which is avail-

able. The Coles are intelligent, articulate decentralists and they hope to pass on their goals and values to their children, who are being "school" at home as yet. Here a dozen families could repeat the adventure of the Coles in family creativity and security, and together they could develop an intellectual and cultural exchange of a high level. The Coles would be glad to hear from prospective homesteaders.

Prospects Good For Tenth Seminar

By mid-October, 20 persons had registered for full participation and six for part-time in the Tenth School of Living Seminar on Basic Problems of Living. Included are one from California, one from Oregon, two from Michigan, five from Ohio, five from Pennsylvania, one from Iowa, one from Illinois, three from New York, and seven from New England. Twenty other members of the School of Living had contributed to a (generous) fund to assist with scholarships.

The seminar was to begin with a get-together on Friday evening, Oct. 22, and continue with four sessions a day through Oct. 29, at Exeter, N. H. Its basic purpose is to plan the organization and cover the curriculum of regional and state Schools of Living.

Ralph Borsodi, leader, Mildred J. Loomis, moderator, and several members of the faculty of the University of New Hampshire were to be present.

A further, detailed, report will appear in the December *Green Revolution*.

Labor Day Weekend At Old Mill Was Spent In "Labors Of Love"

By Grace Lefever

As the people began to arrive for Labor Day Weekend at the Old Mill, many activities got under way. Hugh Graham and George Pettie had been on the roof, preparing it for metal sheets. By Saturday morning the big roofing job on the far side—the easy side since it was nearer the ground—was in process. And

a few worked on replacing some of the old siding next to the new roof.

Still others were digging away old debris, picking up old shingles for firewood, working in the garden or in the large fireplace room on the first floor, etc. Many of the girls were cleaning vegetables, preparing food and setting up temporary tables and chairs to supply the big appetites that developed.

By Saturday night the one side of the roof was finished, but the hardest, highest side was still to be tackled. Bill Anecker was out bright and early Sunday morning, fastening safety ropes to the trees and getting a long ladder set up. The bravest souls then cautiously began to nail the first strips on. As more footing was gained, others climbed up to help.

Because of the condition of the old dormers and one obsolete chimney, it was agreed that these should be torn down to make a complete remodeling job that would last for years. As the debris came tumbling down, some of us cleaned the area below. Later, many hands sorted out the good wood and bricks for re-use

(continued on page 4)

Headquarters Community News

Continuing Activity at the Old Mill:

On Sept. 18-19, a ditch was dug from the springhouse to the Mill, and preparations were made to put the pump in that will make possible a permanent water supply to the Mill kitchen and bath rooms.

On Sept. 25-26, plumbing and facilities for the kitchen and a bath room were worked on.

Now the \$1100 fund, contributed during 1964-65 by School of Living members, is depleted. Once again we say, "If you can make a contribution, please do. Whether it is in money or time, let it suit your convenience and volunteer your help."

MATCH A \$200 OFFER!

One member has offered a \$200 contribution whenever \$200 has been contributed by others, subsequent to his offer. Dr. Leo Koch, president of the School of Living, has sent in \$20 to help match this gift. Are there nine others who will do the same? Send it soon, to School of Living, Brookville, Ohio.

MEETINGS FOR SCHOOL OF LIVING FRIENDS AND MEMBERS

Nov. 26-28 (Thanksgiving Weekend) — at Collaberg School, Stony Point, N. Y., 30 miles from New York City. Dr. Leo Koch and Mary Koch in charge (president and secretary, School of Living). Theme: "What Action Can We take in Our Area for Education for Living?"

Jan. 1-3, 1966—Life Science Foundation invites all interested persons to important meeting in San Diego on health and human well-being. Write to Dr. Lowell Coate, Box 3036, San Diego, Calif.

Jan. 29-30, 1966 — School of Living regional meeting, Community Hall, Melbourne Village Homestead Assn., Melbourne, Fla. Report on October New England meetings by Mildred J. Loomis. Write to: W. B. Newcomb, 8240 New Haven Ave., Melbourne, Fla.

Work on Old Mill, School of Living Center — week-ends by arrangement. Write Mrs. Dee Hamilton, Heathcote Rd., Freeland, Md.