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Mildred Loomis

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THE GREEN

FOR HOMESTEADERS, ON-TO-THE-LANDERS,
AND DO-IT-YOURSELFERS



REVOLUTION

SCHOOL OF LIVING, BROOKVILLE, OHIO 45309
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20 Present At Tenth Seminar Of School Of Living At Exeter

Fifteen full-time and five part-time seminararians made up the Tenth Seminar of the School of Living, under the leadership of its founder, Ralph Borsodi. They were, for the most part, persons who have been active in developing the new center at Freeland, Md., board members and others who have shown desire and aptitude for leadership in the Green Revolution.

Full-time were: Darrel and Margaret Cole, Sylvan Glen Homestead, Rt. 1, Bear Lake, Mich.; Art Harvey, Raymond, N. H.; Steve Frankhauser, 2353 1/2 N. High, Columbus, O.; Mrs. Dee Hamilton, Old Mill, Heathcote Road, Freeland, Md.; Martha Shaw, Ashley Falls, Mass.; Grace and Harold Lefever, Sonnewald Homestead, Spring Grove, Pa.; Mildred Loomis, Lane's End Homestead, Brookville, O.; Rose Smart, Sycamore Hollow Homestead, West Alexandria, O.; Walter Sprague, Box 89, Highland, Ill.; Dave and Carol Hatch, 9 Pine St., St. Johnsbury, Vt.; Rosetta Schuman, 7503 Elba Road, Alexandria, Va.; and Mrs. Eleanor Woods, Blue River, Ore.

Part-time were: James Iden Smith, New Hope, Pa.; Mrs. D. Cox, Plaistow, N. H.; Julius Levinson, 43 Greenock, Dorchester, Mass.; Mrs. Dorothy White, West Alexandria, O.; and Mrs. Florence Newbauer, Brookville O.

A print, in color of the seminar members, shown on right here, is available for \$2, or free with a

copy of R. Borsodi's most recent book, Education of the Whole Man, at \$6.

Generous Contributors

A fund to provide scholarships for members of the Tenth Seminar, and in some cases to assist with travel expenses, reached \$525.00 through the generous help of 28 members of the School of Living. Seminar members extend sincere appreciation to the following for their contributions:

Eleanor Allen, Yucaipa, Calif.; Marie Anderson, San Jose, Calif.; Laurette Barber, Newton, Mass.; Bruce Barrett, San Francisco, Calif.; Ruth Brickel, Dayton, O.; Wendal Bull*, Burnsville, N. C.; I. L. Goldman, Aurora, Ill.; Art Harvey, Raymond, N. H.; Elizabeth Haswell, Dayton, O.; Vernon Hone, Myrtle Point, Ore.; Carl Hann, Waverly, O.; Charles Jackson, Woodmere, N. Y.; Larry Labadie*, Suffern, N. Y.; Alfred Lewis, Dayton, O.; Paul Marks, Los Banos, Calif.; R. M. O'Connor, Yellow Springs, O.; Jane Preston, Butler, Pa.; George Rigby, Verdes Estates, Calif.; J. Gordon Roberts, Omaha, Nebr.; J. I. Smith, New Hope, Pa.; David Stry*, Cuernavaca, Mexico; Wilma Vandusseldorp, Roswell, Ga.; Purcell Weaver, Santa Barbara, Calif.; Virginia Wood*, Melbourne, Fla.; J. Wischhusen, Cleveland, O.; Fred Workman, Pacific Grove, Calif.; Naomi Young, Evanston, Ill.; and Mary

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Ralph Borsodi Conducts—

Seminar Held On The 17 Basic Problems Of Man And Society

By Rose Smart

The site chosen for the seminar at Exeter, N. H., Oct. 23-29, could not have been more appropriate. Exeter was founded on land purchased from the Wampanoag Indians "in return for various chattels exchanged" by religious dissenter Jonathan Wainwright when he was banished across the Susquehanna River by the Massachusetts Bay Colonists. And the week before we arrived in Exeter there had been a heated battle between those wishing a city manager form of government and those who would retain the Town Meeting. The latter prevailed.

The site could not have been more beautiful. Exeter, population five thousand, consists of wide, tree-lined streets angling and winding out in all directions from the famous old Exeter Academy for Young Men. The older section of the town, with its early New England churches, public buildings and houses, is bounded on the north and east by rivers which join the Exeter River within the town area. With the ocean 10 miles to the east and the various ponds, marshlands and sloughs on the perimeter of the town, one has the pleasant sense of being sur-



MEMBERS OF Tenth Seminar on Problems of Living, at Exeter, N. H. Ralph Borsodi is second from right, seated.

rounded by water with all the variety and charm water adds to the landscape. The hardwood trees were at their height in color, in among the native evergreens. The Exeter Inn, where we held our sessions, was in the Wrenn tradition—red brick, ivy-clad, with ample, simple, gracious lines. Old elms on the back lawn dwarfed the three-story building and gave me an awareness of the timelessness of the basic things we had come together here to consider.

The five small children belonging to two of the families present helped most of us realize that it was for them and for our own young at home that we had taken this time out. The young-in-heart oldsters who participated surprised us more than once with their amazing vitality (folk dancing until midnight on Saturday), their alertness (sitting through four fact-packed sessions each day and coming back in the evening to hear guest speakers), and their adaptability. Some of us, not certain of the weather we might encounter and short of car space, dressed in "at-home" practical clothing, rather than the going "PTA" style, for instance. One evening we all packed into cars and junketed, via logging roads, to a semi-abandoned farm in a pine woods, and by kerosens lamp and wood-burning range we prepared our food. On two afternoons we donned dashing green tams and sold or gave away copies of The Green Revolution to the students at the University of New Hampshire and the townspeople of Portsmouth.

The program of the seminar, printed in the October number of Green Revolution, consisted of four (1 1/2 hour) sessions each day. In the first half of each session, Mr. Borsodi defined one basic problem of man, indicating the several ways man has tried to solve that problem and giving his (Borsodi's) choice of solutions to the problem. The remainder of each session was then opened to debate and discussion, opposition and clarification. Not all members of the seminar agreed in each case with Mr. Borsodi or with each other as to the

proper or correct solution to the problem defined.

I think we all came away agreeing fully with Mr. Borsodi that until men delineate and define basic problems correctly, we cannot, except by luck or accident, hope to find or create adequate solutions to these problems. This, of course, is a basic scientific concept: we must ask our questions properly. In addition, we were introduced to the virtue of "pluralism" (that is: that there is more than one source of knowledge, perhaps there are several, on which to base our solutions to man's problems). Pluralism is the opposite of monism, which seeks all answers from one source, such as religion or Marx or psychology or science, for example.

The time was too short, though amount of material to cover vast, for us to achieve, at the seminar, complete knowledge even awareness of all that was offered from Mr. Borsodi's many years of dedicated thinking and writing. What we received was

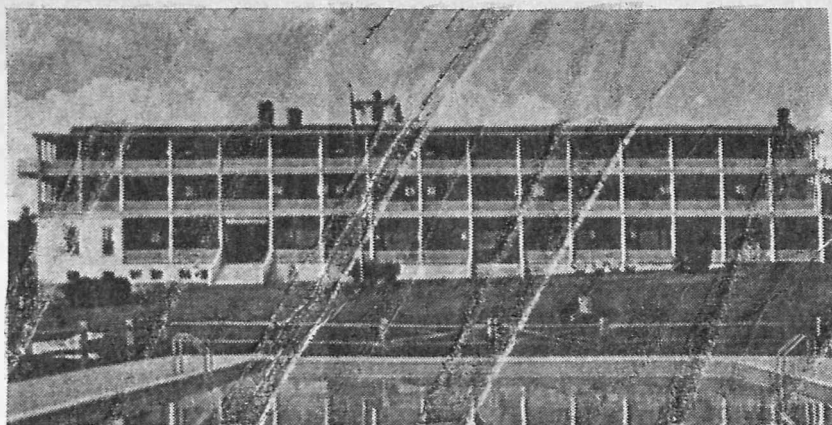
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Fall Festival A Vital Experience

By Mildred Loomis

The New England Fall Festival was fun! We began it by singing rousing rural and folk songs with Joe Ryan (Franklin, N. H.); we danced late into Saturday evening to the lively symphonic folk music of Dudley Laufman's orchestra (Canterbury, N. H.); we greeted Sunday's dawn with more singing. For days afterwards, before falling asleep, the beat of "Sing Together, A Joyous Song," or "Built My Shack—Break My Back" or the lovely harmony of "Ash Grove," would come up from the depths.

There were plenty of important discussions under leaders from the University of New Hampshire and government agencies in the area; walks in the woods; and much personal ex-



FALL FESTIVAL, Oct. 30-31, immediately following the Tenth Seminar, was held in this building, the New Hampshire Congregational Center.

change and getting acquainted among the 80 attendants, many of whom were young couples in functional garb (jeans and jackets) who are homesteaders or would-be homesteaders in New England. The setting was enjoyable—the Congregational Center atop a high hill near Pembroke, N. H., with stark, unadorned lawns sloping in all directions—nothing to impede the inspiring view across valleys to a distant rim of mountains.

Discussion Sessions

Saturday afternoon offered a choice of three discussion groups: Planning and Beautification of the Small Rural Community, led by Dr. Nelson LeRay, UNH Ecology Dept.; Services of the Cooperative Extension Dept. to New Hampshire Residents, by Mrs. Joan Peters, UNH Professor of Home Economics; and Organic Agriculture, by Grace Bascom, President of New Hampshire Natural Food Associates. Mr. and Mrs. Bascom brought from their farm bushels of beautiful gourds, corn and pumpkins for decorations, and a huge box of unsprayed McIntosh apples that

made a fast-disappearing dessert for appreciative persons.

Sunday morning another three choices: Practical Means for Obtaining Land for Homesteading in New Hampshire, by C. Gleason of Farmers Home Administration, Concord, N. H.; Raising, Harvesting and Preserving Food, by Mrs. Emily Evans of UNH Home Economics Dept. and Dr. C. A. Langer of UNH Horticulture Dept.; and Arts and Crafts for New Frontiersmen, by Joseph Trippet of the New Hampshire League of Arts and Crafts.

Our appreciation goes to Dr. Robert L. Christensen and Dr. Richard Dewey of the University of New Hampshire for moderating the Saturday and Sunday sessions. And to the planning committee sparked by Ralph Borsodi.

Speeches and Debates

Four other sessions made significant contributions. Dudley Laufman turned tables, by talking five minutes about his two-acre homestead, with self-built home, wife and four children, followed by more than an hour

(continued on page 2)

THE SEASON'S GREETINGS



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For full details about plan of compensation, send photograph and full information about your education, interests, and experience to: Extension Division School of Living, 4 Hillia Circle, Exeter, N. H.

Please send us your Zip Code Number. Magazines will not be delivered in 1966 without Zip Code.

Fall Festival, cont'd

of lively, important questions from the audience — one of the most enjoyed and welcome sessions of the conference. We heard, saw and felt the reality and vitality of a way of life that intrigued everyone.

A Catholic layman beautifully verbalized the values of productive, rural living, and outlined religious theology to sustain it. Ralph Borsodi also spoke to "Religious Values in Rural Living" by outlining and defining four basic values — the esthetic, ethical, purpose of living and economic adequacy (as against poverty or affluence) — necessary to a good life.

Silent Spring: Fact or Myth?

On Sunday morning, Dr. Douglas Sutherland, Pesticide Safety Specialist of UNH Extension Service, read a paper on sprays and pesticides, outlining benefits and dangers. He felt the dangers were negligible when poisons are properly used, according to directions. Hilbert R. Siegler, New Hampshire Fish and Game Division, showed the difficulty of "proper" use and the widespread difficulty of understanding directions. He produced much evidence of destruction and danger in the use of poisons.

The City — Parasitic?

True to his usual insistence on definition, Ralph Borsodi opened a debate, "Resolved That Large Cities Are Parasitic and Should Be Centralized," by reminding us that a parasite lives on and off of its host. He maintained that the great city lives off the country by sending giant octopus arms out 200 miles and more into the hinterland to draw in its water; by drawing in billions of tons of food from the country and then spewing out garbage, sewage and filth into oceans, rivers and lakes; by taking up thousands of acres of land for streets and highways to transport its people back and forth; by growing endlessly larger (by engulfing villages and towns, a metropolis becomes megalopolis); by depleting outlying villages of their best brains and most creative persons; and by equating bigness with cultural progress the big cities fail to provide for the human, vital needs of most of its citizens (who grow increasingly degenerate and frustrated, until tensions build up to erupt in riots like Los Angeles had last summer). Four out of five in great cities need psychiatric help; one out of five is incapable of functioning and must be incarcerated, often at the expense of state and federal governments.

Are You Serious?

Dr. Ralph W. Conant, Director of the Joint Center for Urban Studies of MIT and Harvard University, defended the city, saying, "I don't think you are serious. The city is the wave of the future, it is here to stay, the trend is irreversible. I don't think you people in the audience are really serious about homesteading and eliminating cities." He said that, "Our destiny is the City. We have had three centuries building a Great Economy, Great Political Institutions, and

Seminar, cont'd

orientation and the challenge to make of it what we can in practical social terms, each in our own way, each in our own area.

One bold plan of action was outlined that may, in the months and the next years to come, help to turn the tide of despair and chaos in our larger cities. I can only report here that it is bold and it is exciting and if we can bring it off you will be hearing about it from the news media across the land.

Our heartfelt thanks go to the donors who helped with the expenses of this seminar, and to Clare Borsodi for her generous hospitality and participation that gave us all warm memories to cherish.

a great Technology, which depend on collective masses. All these make life easy, comfortable and stimulating. We need country near the city for contrast, for physical beauty and inspiration; we need it to go into, but then return to our creative work in the city. The city is the heart of a great civilization, and this can develop only where there are enough customers to support it."

Technology, said Dr. Conant, is rapidly finding adequate, functional ways to dispose of garbage and sewage; highways are important to both country and city people, they afford ready access to farmers' markets. Cities annex suburbs because they clamor for the services cities can supply. If the cities drain good brains from the country, it is because there is greater work to do in the cities.

The rebuttal and questions from the audience brought out additional points: that people in both city and country are victims of forces like land monopoly, government regulation, unfair legislation, etc., that create riches and poverty; that the central questions are, why and how are cities generated and what can be done to offset these forces?

Creating A Green Revolution

Mildred Loomis, director of The School of Living, asked how many people, they thought, were concerned that decentralization become a recognized social movement? She pointed out that many people are satisfied with the world as it is; others are at the opposite extreme ("there is no hope, it's too late to do anything to avoid cultural collapse"). The great middle group is unaware, apathetic, not caring. A small, but lively, minority believes in a green revolution — a real change in our values and practices — a revolution committed to life, country, green and growing things, independence, voluntary action, freedom of choice and development of each person to his highest potential.

Can we who care about these goals, and care about each other, form an effective organization or fellowship on a nationwide scale? Can we form local and regional branches, repeat and expand what has been done in New England this past week? Shall we have more seminars to train people for leadership in examining and rethinking the ways western culture has handled its major problems of living? Can we hold in each state of the nation, a festival* such as the one experienced at Pembroke? How should human beings live? What institutions need changing, abandoning, or revival? Could we just possibly start a movement that would really result in a green revolution? Can we work with University faculty members to achieve this?

Some of us believe this is possible. Do you know any other effort, movement or crusade that would be, at one and the same time, more fun, more invigorating and more worthwhile?

You will be hearing more from those who attended the New England Festival for New Frontiersmen. In the meantime, let us have your suggestions, your offer of time, energy and money, to create a local School of Living (i.e., Fellowship for The Green Revolution) in your area. What do you want from the School of Living? What can you give it?

*A printed program is available for guidance from School of Living, Brookville, Ohio.

Send us names and addresses of friends who would like to see **The Green Revolution**. We will mail sample copies to them.

Have you thought to give our book, **Go Ahead and Live!**, for Christmas — to young friends, to the young marrieds, to some teacher or minister for a social philosophy that can be put into practice? \$4 from School of Living, Brookville, Ohio 45309.

Letters to the Editor

Liquid Salads

To the Editor:

Two elderly people I know too, too well have lost most of their teeth. Green salads have been nuisances to eat. Until the one with the fewest teeth finally remembered the blender so seldom used at our house; make juice of the salads.

We make them exactly the same as always, with everything in them that the garden affords plus oil, vinegar (wine-garlic vinegar unless you have home-made as we haven't just now), a bit of salt and always for us cottage cheese. Always, also, whatever herbs the garden gives.

The blender makes a thick green liquid of it in one minute and we consume it in another and feel sooooo good! It is the best salad we ever had. Why didn't we lose our teeth years ago? — F. J., Marianna, Fla.

Broadcasts Good Things

To the Editor:

I have a beautiful home in the best climate of Southern Florida, where I've planted many fruit trees, beautiful shrubs and two coconut trees, now loaded with nuts. I need a good partner, open-minded regarding health foods. I enjoy **Green Revolution** very much, and think it should go to our library. I believe in broadcasting good things. — Johnem, 117 S. W. 8th St., Hallandale, Fla.

Against "Vanity" Presses

To the Editor:

Let it be understood that I object to printing Exposition Press ad, "Writers." This firm has a reputation for misleading authors to suppose that their work has good sales potential when in fact it has little or none. The publisher makes money not by selling books (most reviewers and booksellers avoid such "vanity" books), but by large sums paid by authors. This may be worthwhile for a few authors, but in general the business in my opinion is unethical. — Arthur Harvey, Raymond, N. H.

Bonnie Prudden Writes

To the Editor:

Thank you very much for your October **Green Revolution**; it came just in time to stop me from cutting down my asparagus tops!

For me, homesteading long looked like a lovely dream. Now we have a mountain on which we have built a house on seven levels, with part of the mountain left inside (Lang-Roc, at Stockbridge). Our garden, I am afraid, is rather typical, since I must leave it — while I go lecturing and working elsewhere — to an Austrian gardener. I have now written **How to Keep Slender and Fit After Thirty** and operate a business in books and fitness equipment. So there is little time left for "homesteading," and since our two daughters are married and gone, little reason.

I like the motto of your School of Living — so few people can find any justification for anything. I do wish you success in your work. — Bonnie Prudden, Institute of Physical Fitness, New York City.

Aldrin Spray Furor

To the Editor:

Haven't I stirred up a hornet's nest!

On Saturday a week ago, a notice in our newspaper announced that the Ohio Dept. of Agriculture planned to apply aldrin to seven acres within our city limits. I protested, alarming everyone I could think of. Result? In two days a meeting was called between the agriculture experts and interested citizens. This resulted in articles in our papers and nearby Dayton papers. We heard many lies at the meeting.

But the next morning they applied the aldrin, the area just two blocks from our home. We find that citizens in the city have no "no spray" rights. In the week since then, we have had many sympathetic calls from citizens; and the Health Bulletin is writing up this and the rest of the story in a near issue;

Sohio (Standard Oil) research people have come to tell of their pyrethrum discovery; and in the morning I appear for a radio interview. Much excitement, and we wonder what the Ag. Dept.'s next move is. — Pauline Pidgeon, 576 S. Columbus St., Xenia, O.

4 Times In 25 Years

To the Editor:

During the war, my husband, Ralph, did not have his nutrition in his own hands. He spent one whole year in a navy hospital with osteomyelitis. His seven operations would have bankrupted us for the rest of our money-earning lives had we had to pay for them in civilian life. He had been unusually healthy before the service and has had a doctor but once since. We both think our emphasis on homestead-raised food is responsible for this record.

Other than war-time hospitalization, out entire family has had but three visits to the hospital, all mine, once at the birth of each son and once for a tonsillectomy before I knew about healing myself with fresh raw foods and juices. Other than my pregnancy checkups, our family of four has had but six trips to a doctor in 25 years, two of these being the legally required preschool examinations for the boys.

Other homestead families can beat even this record of non-support of the medical system today. Compare it to the national average of 20 trips per year per family to the doctor. — Rose Smart, Sycamore Hollow Homestead, West Alexandria, Ohio

[An article by Mrs. Smart on other aspects of homestead withholding, one of a continuing series, will appear in our next issue. — Ed.]

Tensions Mounting

To the Editor:

Green Revolution is a queer name, but it does look as if we are in the midst of some kind of a revolution. At least Los Angeles is a mad house. For years we knew that tensions were building up in the Negro districts, and finally the spark got into the powder keg. I am afraid a much larger upheaval may be touched off by the determination of the war makers to escalate the war in Vietnam. Hundreds of people whom I know are plenty sad. They are merely grimly keeping their mouths shut. But tensions are mounting. Your paper is a very creditable job. All the protest and constructive efforts must support each other, and I am indeed glad to see a growing interest to get back to sanity. — Walter Millsap, United Cooperative Industries, Rt. 1, Box 17, Wildomar, Calif.

Dangers in Radiated Food

To the Editor:

Here is a letter to my Congressman:

The Quartermaster Research and Engineering Command, U. S. Army, at Natick, Mass., reports that within two years most of the food eaten by our armed forces will be preserved by radiation. Understanding the effect of radiation on the "temple of the soul" — the human body — my comment is: "God help the GI's NOW and the public — LATER."

Food, subjected to radiation for preserving, is later washed SUPPOSEDLY to rid it of the dangerous rays. My own investigation, via film, of a lettuce leaf exposed to air at normal temperature for six weeks AFTER it had been "cobalt bombed" AND WASHED, showed it was STILL full of radiation.

God's law is that anything that has life, when it dies, UNLESS artificially preserved, will ROT. Dried food resists rot TEMPORARILY, as air decay bacteria MUST have moisture. When wet, dried food decays. As radiated food retains ITS MOISTURE, it can resist decay ONLY because it is STILL preserved by RADIATION. Radionic experts, examining skeletons of individuals who had died within the past six years, report the marrow is LOADED with radiation. (continued on page 3)

The Green Revolution

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"A WAY OUT" by women. Special Nov.-Dec. issue contains: Call to Utopians, by Rose Smart; Technological Society, by Mildred J. Loomis; A Rural Utopia, by Dorothy Samuel; School of Living Community, by Marie Anderson and others.

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You Can Make A Cheap Chop-Chop

By Hal Porter

All directions for making compost say that if the material is chopped up the decaying action is much accelerated. This is true. They also say that if you do not have a grinder or shredder you can use your power lawnmower, piling up the leaves or weeds and running the mower over them. This is only partly true. (In this article I am, of course, referring to the one-bladed rotary mower, not the reel mower.)

I tried this idea some years ago and busted both me and the lawnmower. One authority says that it is easy with two persons, one raking the stuff into piles and the other working the mower. The only other person usually available is your wife. If she rakes you wear out quickly; and if you put her to pushing the mower it could lead to divorce.

Plans can be purchased for making a mulcher out of the lawnmower. These are all right if the homesteader has a machine shop with tools for cutting metal and working tin into shape, and if the mower has the motor setting back toward the rear and room up front to cut a hole in the housing.

The Porter Mulcher

But there is a way to make a mulcher, quickly and easily, out of most any power mower; and using scrap materials which any good do-it-yourselfer with pack rat tendencies should be able to find about the place. Drawn plans and dimensions and detailed directions are not necessary. Anyone with the least amount of ingenuity and mechanical ability should be able to put one together once the idea and principles are clear.

The first main point is to have a platform on which to place the mower, and its surface should be real smooth. This is to keep the plant material from catching (continued on page 3)

20 Present, cont'd

Young, Muscatine, Ia. (* indicates members of earlier seminars.)

Seminar Financial Statement

Income:	
Contributions	\$525.00
Tuition	117.50
	<hr/>
	\$642.50
Expenses:	
Travel for Seminarists	\$245.00
Telephone	22.50
Postage & Stationery	65.00
Prorated Cost of October	
Green Revolution	145.00
Printing (at Exeter)	54.50
Guest Speakers	27.25
Charts	13.00
Gowns & Photo Shop	12.50
Rent	80.00
Misc.	7.74
	<hr/>
	\$672.49