

2-1-1966

Ozark Opportunity

Calliope Columbus

Follow this and additional works at: <https://research.library.kutztown.edu/greenrevolution>

Recommended Citation

Columbus, Calliope (1966) "Ozark Opportunity," *Green Revolution*: Vol. 4 : Iss. 2 , Article 18.

Available at: <https://research.library.kutztown.edu/greenrevolution/vol4/iss2/18>

This Letter to the Editor is brought to you for free and open access by Research Commons at Kutztown University. It has been accepted for inclusion in Green Revolution by an authorized editor of Research Commons at Kutztown University. For more information, please contact czerny@kutztown.edu.

Homesteaders Face The Future: An Economic Depression?

An increasing number of readers are now inquiring, "Is a depression around the corner? What should one do?" Some persons—including a Rhode Island bank president—recall and buy our study, published in 1939, entitled *Inflation Is Coming!*

These readers have probably been skeptical of the promises made when the Government bailed the country out of the collapse of the Thirties that "depressions can never happen again." Such people tend to do their own observing and reading of economic trends.

They have been aware for years, of course, of the easy money, government debt and deficit spending, with its concurrent inflation, high wages and prices. They have noted the investment spree, with resulting "prosperity." They have seen "euphoria" spread like an intoxication throughout our society. Nearly all people who profit (temporarily) from inflation are tempted to believe the "prosperity" is real. Politicians, who profit most, are most deeply committed to the illusion.

Danger Signs

Close watching has revealed to realists the signs that inflation must be checked. They have seen the decline of the British pound; and the outflow of gold from the U. S. They have seen a Dow-Jones report in mid-summer that the leg of a down-trend in stocks was longer (for the first time in years) than the up-trend, forecasting a change in the market. They may have seen that Chm. Martin of the Federal Reserve Board said in June that inflation must be halted; or his speech last fall that showed the similarity of our economic situation today to that of mid-1929. (In early 1929 the Federal Reserve Board warned that credit was over-expanded. Stock market prices, resting on this inflated credit, were not supported by actual wealth. Nearly everyone protested, including the president of the nation's largest bank. Stock prices went higher—and crashed in October 1929! Millions of people were bankrupted in minutes!)

Today's Dilemma

On Dec. 6, 1965, Chm. Martin's vote decided that the rate which the Federal Reserve charges its member banks for credit should go from 4 to 4½%. This was a signal to the banks and the public to trim their sails (sales?). An immediate outcry—from business, and particularly the Administration. Did we not have a Poverty Program, a Great Society and A War in Asia to finance? This battle over the interest rate will continue to be fought in Congress.

In 1929 the credit resources of speculators, business, banking and industry were shattered, but the credit of the Federal Government was unimpaired. Under F. Roosevelt the Government came to the rescue with expanded credit through the Federal Reserve System. In 1966 Government credit is not good. (Deficit for this year to be 7 billion!) Total debt is beyond the total wealth of the country. New Dealers and Statists have spent hundreds of billions (taxes and debt) to get us in the mess we are today.

Homesteaders?

Can anyone doubt that the homesteader — particularly with land, buildings and equipment paid for — is in a safe and rational position? He can calmly go about producing and eating; he can stay largely outside the inflated cash cycle; he can avoid interest charges and loss in mortgages and debt. To those who have a homestead, can the advice be anything but "Hang on to it; improve and cherish it"? To those who do not have one, "Get on a Homestead as soon as possible; make sure you do not carry too heavy a load of debt; get a piece of land and improve and equip it gradually."

While others without the security and freedom of a homestead are frantically trying to make ends meet, let those with homesteads put time and energy into understanding and teaching sane answers to our modern dilemma. Read Murray Rothbard's *America's Great Depression* (van Nostrand) and the discussions of land, money, war and peace in *School of Living's A Way Out*, Jan.-Feb., Mar.-Apr. 1966 and later. (\$2.25 a year; 35 cents each.)

Let's remember that in a time of change and crisis, people are more open to new ideas. During the Thirties, "statism" was "new" and people listened. Now it has been "tried and found wanting." This time let's introduce true libertarianism; let the truly free, unmonopolized market, along with the sanity of a family homestead, get a real hearing. We can all help in that.

Letters to the Editor

Hospitable Homestead

To the Editor:

We didn't have any luck with our planned summer get-together here. We invited all Colorado School of Living members, but

only two took the trouble to answer. We'll try again next year to get together, get acquainted and enjoy good garden sass. We did enjoy a summer stay of two students from Goddard College in Vermont. They were interested in some parts of our life,

but they didn't respond to friendly gestures from young and old hereabouts, and we feel they missed some real opportunities. We feel there is a chance for the right person or families to learn here, and we're willing to give what we have to offer. . . . The hunting season is on, but the weather is dry and the hunting poor. I'm cooking for ten this season, and corresponding with several *Green Revolution* readers.—Grace Wade, Walden, Colo.

Second-Generation Reader

To the Editor:
I'm very interested in the School of Living and hope I can visit Lane's End sometime, now that I'm in college in Ohio. My father has been receiving *A Way Out* and *The Green Revolution* for many years, and last year I began reading a few of them. I've also read your book, *Go Ahead and Live!*, and Borsodi's *This Ugly Civilization*.

Our family (five children) lives on a small Connecticut farm, which was a result of Dad's reading *This Ugly Civilization* and his interest in ideas from the School of Living. We have a sheep, donkey, German Shepherd and bees. When my parents moved there 19 years ago, they started a large garden and we had chickens, pigeons and calves. My father has an art shop in Newtown. Finally the garden dwindled, chickens were killed by foxes, pigeons flew the coop, and when my sister got hurt by a calf we stopped raising them. Now we raise berries, rhubarb, tomatoes, asparagus and grapes.

However our home still has the fun of being a small farm, and I can compare few things with the pleasure of raising a lamb by the bottle when his mother died. We don't have TV and Daddy has raised us on good, healthy foods and outdoor hikes and fresh air. In many ways, then, we have all been influenced by the School of Living, and I feel I know you all.

I'm 18, a freshman at Western College for Women and I love everything about it—the people, the courses, the apple orchard (I never expected to be able to run down to an apple tree, climb it and pick apples between college classes), the large lawns and six stone bridges which crisscross the campus. I love the outdoors, canoeing, hiking, camping, skating, riding and of course walking. As yet I don't know what I'd "like to be" but I'm interested in many things. Enjoy your Christmas! 'Tis the season to be jolly. —Trudy Muller, Westwon, Conn.

Doctor Regrets Fluoridation

To the Editor:
I enclose a letter from E. A. McLaughlin, M.D., who was Rhode Island's Director of Health when fluoridation was inaugurated for some three-fourths of the state's 800,000 population. He now says, "I regret very much that in 1952 I approved having fluoride put in our drinking water system. . . . It is my firm conviction that acute fluoride poisoning does result at times due to human or mechanical failure in operating the system by which fluoride is put into our drinking water. I firmly believe that there is a danger of chronic fluoride poisoning resulting in bone disorder, not only in adults but in children. When other means are available (such as application of fluoride to children's teeth and tablets in milk), I do not believe that the whole population of our state should be subject to the inherent dangers which putting fluoride in the water entails."—Mrs. Mitchell, Sioux City, Ia.

Materials on Fluoridation
Free double sheet. Nine reasons for opposing fluoridation, signed by 2,000 physicians, dentists and scientists, from Ohio Pure Water Assn., 72 N. Main St., Akron 8, Ohio. (Contains the statistic that 50% of the persons over 26 years of age in naturally fluoridated St. David, Ariz., had lost their teeth and are wearing dental plates.)

Free sheet, offering \$1,000 to the person proving false any one of six facts listed as to the dan-

ger of fluoride in drinking water. From Greater Milwaukee Committee Against Fluoridation, Box 103, Cudahy, Wis. 43110

National Fluoridation News, bimonthly, \$2 a year (Box 487, Hempstead, L. I., N. Y.), with listed Medical, Dental and Legal advisory boards.

Quote: "Sodium fluoride, incorporated in the diet, produces melanic tumors in *Drosophila*. This shows a change in the metabolism of tryptophane similar to that shown in children suffering from mongolism." —Dr. Ionel Rapaport, *Bulletin de L'Academie de Medecine*, Vol. 145, 1961, pp. 450-453.

Go Ahead and Live! To Libraries

To the Editor:

I suggest that you appeal to your readers and members to send the price of a *Go Ahead and Live!* to be given to a college library or public library.—Morgan Harris, 3959 Shedd Terr., Culver City, Calif.

The Joke's On Darrel

To the Editor:

On our way into town mid-November, my wife was reading from *The Green Revolution* we had just picked up at the mail box. Since I had been complaining about the cold weather and suggesting that we move south, she was telling me about the homestead reported on the front page. I said, "Gee that sounds nice! Let's join them." Then she tells me, "They're the Coles at Bear Lake."—Darrel Cole, Rt. 1, Bear Lake, Mich.

On Gym Floor

To the Editor:

Your organization came to our attention through a sample copy of your paper lying around the gym that my wife and I work in. Lucky for us! We have come to the understanding over the last few months that our growth cannot continue if we remain in "civilization." We have strong bodies, excellent health and some of that inner strength that is needed to live "naturally" instead of as a "lab rat" propagated and made to oscillate for profit. I am 31; my wife 28. We have looked ourselves and our civilization in the eye and can no longer find anything real here except dissatisfaction. It is time for us to go over the hill. . .

We have the funds for purchase of land and would prefer to build our own home. We want a minimum of 10 acres, wooded with a meadow, along with real people close by. We would appreciate being in touch with others. We hope to start looking next April for the land and the people to continue our lives with. We salute the "Paper Doll People" and Ken Kern's Planning Systems and your publishing them. —Ronald Magnusen, 1585 20th Ave., San Francisco, Calif. 94107

'37 Homestead Community Gone

To the Editor:

Only now do I learn that the two men from whom I bought land in 1937 had been influenced in their development by a book written by Ralph Borsodi. Small world? Mr. Bronson and Mr. Erickson of Minneapolis (two gentlemen if ever drew up a sales contract) made it possible for even post office subs to escape the pre-Hitler rat race to an "intentional community" in which we bartered labor, brains, bread, beans—and my violin.

Funny how one neglects over the years to dig into motivation such as prompted these two elderly men to create a haven for ingenuity. As No. 13 home builder (a printer with a press) it now seems only yesterday that we enticed people to buy acreages, to dance and work with us, and share potluck; later share produce, birds, eggs and calls from the volunteer fire brigade as well.

Funnier still that we should benefit from Borsodi without knowing it until decades later. . . . But the wells are no longer in use where we once homesteaded—nor the cesspools we so laboriously constructed. City

The Green Revolution

Second class mailing privilege authorized at Brookville, Ohio 45307.

Published monthly by The School of Living, Lane's End Homestead, Brookville, Ohio 45307.

Editor: Mildred J. Loomis.

Subscription rates: *The Green Revolution*, \$3 a year; *The Green Revolution* with School of Living membership, \$5 a year; *The Green Revolution* and bimonthly *A Way Out*, \$6 a year.

Telephone: TE 8-4522 (New Lebanon Ohio).

water supplies the 20-odd thousand homes where once less than two dozen families wintered at cards and dancing and feasting. —Gus Goltz, Milwaukee, Wis.

Site for Walden Center

To the Editor:

Gary De Young has provided 40 acres of land and a house at Cass Lake, Minn., as the start of a Walden Two-Life Science Center. Adjacent land and other houses can be acquired in the area. Waldonites around the country have been invited to come immediately to construct buildings and help produce a newspaper. Most of the food consumed at the center will be raised there. Outside income will come from the sale of the newspaper and donations. Construction of the center must be started soon, so people coming when schools are out in the spring can be accommodated.—Gerald Baker, Cass Lake, Minn.

Community in Wisconsin

To the Editor:

My wife, Judy, and I (22 and 23) have been studying at several colleges and universities for three years. My interests are too diverse to specialize on a degree, and am currently working with a construction company. My brother-in-law and I started a cooperative humanist society here of about 35 people, and hope to form a community on a farm near Madison in the early spring. It will be pretty open, drawing on ideas of great thinkers—Kropotkin, Thoreau, Skinner, Mumford, Fromm, Neill, Goodman, etc. It will probably be anarchist in structure, non-sectarian and pacifist, and generally humanist rather than religious. Besides a farm community we hope eventually to have a Summerhill-Montessori school for children, a Blake-Black Mt. free university, a book shop, and a free news letter emphasizing community. I have been in correspondence with many and am hopeful that so many are interested in community. I hope ours can be a partial influence on others. We appreciate your good publications. —Jon Stickle, 514 E. Johnson, Madison, Wis.

Ozark Opportunity

To the Editor:

When I lived in the city I used to long for a place on the land. Actually it was your New York City meeting that brought back those horrible longing years I spent among those canyons. But when I got my land and had put down a payment I was in a car accident and here I am with a large garden (not able to work it properly) and a spare bedroom that could be used by someone. Also a couple is needed for those four acres with a two-room house and a drilled soft water well, with school bus at the door. Will be willing to let someone use it alone or go on half shares, with me paying for the materials to be used, and they doing the work. The man could work the place, and a wife could work in town for cash needs. I'd suggest strawberries and bees, both of which bring quick returns; then grapes, fruit trees, legumes, and truck sales at the highway junction in front of the place.

Our place is 35 miles from Sons of Levi. Now I get their newsletter and it makes me more eager to find some willing couple and give them a chance to put into practice their dreams before they get too old like me. I'd like to hear from man or

(continued on page 4)

A Good Adventure, cont'd

be produced in order that all persons survive, and be adequately developed? How shall goods and income be distributed equally, according to need, by gift and stealth, or according to the contribution each claimant has made to their production?

The Political Problem — what is the nature of the political state? How is it similar and dissimilar to other organizations? What is the nature of legal coercion and where and to what extent should it be used in a good society?

The Problem of Purpose — what is my purpose in living?

What Place for the Homestead?

The term *School of Living* usually brings to most minds the idea of "the homestead." Some of our seminarians were puzzled that our seminar did not begin with the homestead. At the conclusion of our study, we pictured a successful homestead and considered how the foregoing problems could be dealt with or "solved" in homestead living. It was quite obvious that the preliminary probing and discussion had uncovered a theory and philosophy for action in the direction of homesteading as a way of life and decentralization as a good social policy. Our seminar had provided an intellectual and philosophical validation for homesteading. It seemed to most of us a rational, desirable and even necessary "institution" for a Good Society, with an end to war.

[Note. Some seminarians expressed interest in a longer search. A month-long study of 17 Problems of Living (July 7-Aug. 9) is open to 8 or 10 qualified seekers at Lane's End Homestead, Brookville, Ohio.]

Florida State Meeting

Friends from Port Orange, Okeechobee, and other Florida points, plus more from Melbourne, joined us for the weekend program beginning Saturday, Jan. 29. Homesteader Hal Porter gave us a spirited and convincing account of his homestead and instructions for developing one from scratch. (We will print his talk later.) Dr. Ruth Rogers, homeopath from Daytona Beach, outlined her reasons for adding organic foods to her practice with patients.

Luke Carpenter from the experimental Green Valley School opened a session on New Concepts of Education for Human Development. His experience and the questions opened up produced a most rewarding hour, to which Mabelle Brooks added in presenting a paper by Dr. Henry Winthrop of the University of South Florida. This plunged us into a lively discussion of cybernation and the destiny of no-work and "creative" leisure. Mildred Loomis presented the chal-

Early, cont'd

fruit and many times the usual amount results. And of finer flavor, with less damage from insects and contact with the ground. This year my tomatoes were the largest since 1949, many weighed a pound, and some more; most of them 8 to 12 ounces. Everyone was surprised to see what that ground produced! My little garden tractor did the hardest work for me. Lots of earthworms appear now, where before my mulching and feeding didn't support them.

I hope to try some tomatoes like Austin Guild described in February 1965 *Green Revolution*. There he asked about Blossom Set on tomatoes. I have used it for several years. That is the only way we can get early set on our vines. All the early ones fall off until late in the spring if not sprayed with Blossom Set or a similar product. I have saved seed for this year's tomatoes.

I also have seeds of all colors of Burpee's giant zinnias, and will be glad to share with anyone wanting to plant some. Kindly send packing and postage.

lenge of adult education in every community to deal with basic, perpetual problems of living—to create and produce a human "future," rather than "predicting" that one planned and managed by scientists and politicians is "final" and inevitable.

On Sunday, Rev. Bill Reece of Melbourne Village led us in a moving meditation on the spiritual values in nature and country life, which proved a high point in our weekend. In combination with the Melbourne Unitarian Fellowship, Mildred Loomis outlined "An Adult Education to End All War"—a quick survey of the place and nature of 17 Basic Problems of Living.

A final session on Community was led by Elizabeth Nutting, in which we examined the goals, history and structure of Melbourne Village, sponsored and developed in the past 20 years by the American Homesteading Foundation. We were meeting in their attractive Village Hall, we were guests in their lovely homes, we walked in their beautiful "hammock" parks, we ate fruit from their functioning homesteads — we were reluctant to come to the end of our association together.

We finished off with a discussion of what to do now to further advance a movement for adult education in living. We'll outline these plans later. When we announce another seminar in Florida, make sure of your plans to attend; you'll find the people, the ideas, the whole experience well worth the effort.

And how about a seminar-meeting in your area? The pattern we have worked out can be a rewarding experience elsewhere. Write us if you will assist in developing one in your area.—M.J.L.

Letters, cont'd

woman, or young couple who want to practice their dreams without spending all the capital they have.—Calliope Columbus, 2427 N. Broadway, Springfield, Mo. 65803

Migrates to Canada

To the Editor:

In October we came to the Quebec section of Canada, to get a new look and give our boys a chance to escape draft, etc. We like it here and for the first time in many months there is freedom to breathe. The people are simple, friendly farmers; and we are learning French. In the spring we will move to the farm we bought which has no house—only a very large barn which we shall convert into living quarters, film and art studio and whatever we need for our work. We have fertile soil and will grow many things, but will not have a herd of cows. Like you we think the Homestead is a Moral and Material Withholding Action.—Virginia Naeve, Rt. 2, Ayers Cliff, P. Q., Canada

Thanks for Help

To the Editor:

Thank you very much for the information you have provided me on intentional communities in the United States. It has been most helpful.

I include herewith a check for a year's subscription to your publication, *A Way Out*. Thank you again.—Foster Stockwell, 4749 S. Woodlawn, Chicago, Ill.

A Way Outs

Extra copies of some very popular issues of *A Way Out* are available while they last.

March-April, 1965, on Community, 35c.

November-December, 1965, on Rural Utopia, 50c.

January-February, 1966, Reader Reactions to Rothbard-Tucker Controversy Over Money, 35c.

March-April, 1966, War and Peace, 35c.

All issues stress decentralist, libertarian ways out of personal and social problems. Order from School of Living, Brookville, O.

Riot Linked To Rural Problems

Prentiss, Miss., Oct. 31 (special to *New York Times*)—A Negro agricultural official told Negro farmers today that the lack of opportunity in rural America was largely responsible for such strife as the Watts riot in Los Angeles.

L. J. Washington, a native Louisianian who is program officer of the Farmers Home Administration in Washington, D.C., called on Negroes here to remain on the farms and in rural areas, with the aid of new Federal programs.

"For too long, too many people have written off rural America and its people," he declared. "Thus we have not only created a problem of major proportions in rural America, we have also infected our cities with our rural ills."

Mr. Washington spoke at the dedication ceremony for the Sutton Mission Assembly, training center for Negro ministers. It has recently been given a grant of \$125,000 from Farmers Home Administration to erect the center.

"If you can't make it in Prentiss, how are you going to make

Crisis In Medical Liberty

In the spring of 1963, Roger K. Mozian, who had been ill with pulmonary tuberculosis, undertook a long fast on his own initiative, under self guidance and without proper facilities and nursing. Dr. Gian-Cursio, a well-known hygienic practitioner, learned of Mozian's self-imposed fast and went to see him to persuade him to break the fast that he had opposed from the beginning.

Dr. Gian-Cursio noted that Mozian needed constant care and bed rest, but his family were not giving him this care and attention to diet. Instead, his father took him against his will to a VA hospital, where under force he was given drugs despite his hypersensitivity to them. While strapped to a hospital bed, he cried, "Who did this awful thing to me? Somebody help me!" He died after two days of massive doses of drugs.

Charges Against Hygienist

Later, charges of responsibility for Mozian's death were brought by the VA doctors against Dr. Gian-Cursio. The legal and judicial procedure has been very irregular. The prosecution concentrated the trial so that an effective defense was impossible; witnesses for the defense were scheduled on April 13 and the trial was over on April 10.

The appellate court of Dade County, Florida, affirmed the conviction of Dr. Gian-Cursio. Many natural hygienists, non-medical movements and even nonconforming medical doctors feel that their vital interests are jeopardized by this action. They are appealing to all concerned in basic human rights to help by sending funds to carry the case to the Florida Supreme Court and contest the decision.

Literature may be had from, and contributions sent to, Medical Freedom Defense Committee, 2185 N. E. 123rd St., North Miami, Fla.

Interesting Small Paper In Kansas

For three years a courageous, small paper (12 to 16 pages) has been appearing in Lawrence, Kans. Printed bi-weekly, by young editor Laird Wilcox, it is required reading for liberals and radicals on civil liberties, student movements, civil rights, and other controversial matters. It is \$3 a year, from 1401½ New York St., Lawrence, Kans. 66044

Please send us your Zip Code Number. Magazines will not be delivered in 1966 without Zip Code.

it in Chicago?" Mr. Washington asked. "Your problems must be solved right here.

"Face it or not," he declared, "the Watts incident was more than a racial riot. Racial tension no doubt triggered the explosion, but the real roots of the problem go much deeper."

[Editor's Note. See our forthcoming March-April *A Way Out* (and later issues) for analyses of some of the deeper economic problems which result in poverty, riots at home, and war in Vietnam. 35 cents a copy from the School of Living, Brookville, Ohio.]

Film Shows Cells In Fluoride Solution

By M. J. Loomis

Now you can actually see what happens to living (normal mouse-L) cells as they are subjected to an environment containing sodium fluoride. A very remarkable film has been prepared in the laboratory of the Time-Lapse Research Foundation in Illinois, sponsored by the International Institute of Clinical Physiology, of which Dr. Jonathan Forman of Columbus is director.

In the time-lapse technique, a camera is attached to a microscope which photographs movements and cellular changes too slow for the human eye to perceive. First we see normal cells under normal conditions as they multiplied and divided in a basic life process.

Then a concentration of sodium fluoride of one part in 30 million (blood-level concentration in adults drinking fluoridated water) was added. Immediately there is a dramatic change; cell action is greatly speeded, with rapid cell division. In a few minutes this action begins to slow down; cells "explode"—the walls break and the cells diffuse. Shortly thereafter there is absolute inactivity. Every trace of motion and cell division has ended.

Interpretation

To a layman this looks like an introduction of stress, which the cells try to overcome, and are defeated. Dr. Forman, who narrates the film, points out that the fluorine ions have entered the cells and blocked various vital enzymes, thus breaking the reactions which control all life processes. The extra activity is the cells' effort to produce additional enzymes to replace those poisoned by contact with fluoride. Every cell either dies or has its normal growth altered by the fluoride.

Dr. Forman says, "In the human body such poisons are subtle, insidious, and if prolonged for months and years will create chronic disorders and upset the functions of one or more of the vital organs."

Report Checked

A report was circulated that Dr. Ott, who had produced this film, had later "repudiated" it. Asked whether this was a fact, Dr. Forman wrote:

"Dr. Ott, the producer, has disassociated himself as a result of threats to ruin him and all he has built up. It should be clear that his foundation was contracted with to do a piece of research under our direction for the sole purpose of confirming or failing to do so the work of Berry and Trillwood in Sinclair's Human Nutrition Laboratory at Oxford University, England. The film is not propaganda. It is a graphic record of our confirmation and speaks for itself. It is intended to help raise funds for more research into the toxicity of fluoride. This is further discussed in my new book, *Fluoridation Intelligence*."

[The film can be purchased at cost per print — \$68.68, plus \$5 mailing and insurance — from Greater New York Committee Opposed to Fluoridation, 342 Madison Ave., New York City 10017.

Rental charge is \$10, including postage.]

Health Resort Reopens In Florida

After a year of searching and testing many sites, R. J. Cheatham (formerly of Orange City, Fla.) has reopened his Shangri-La Health Resort in Bonita Springs (on Florida Gulf Coast).

Springs here flow over a million gallons of crystal clear water a day, with chemical analysis almost identical to that of the famous spa in Baden-Baden, Germany.

Mr. Cheatham is operating a vegetarian-hygienic health and vacation resort. Swimming, boating, hiking and many other sports are available, along with lectures and assistance on special health problems.

Publications For The Homesteader

National Stock Dog magazine, quarterly, \$2 a year, \$5 for 3 years. E. G. Emanuel, Rt. 1, Butler, Ind. 46721

Peace of Mind Thru Nature, \$1. Backwoods Journal, Paradox 5, N. Y. \$2 a year, sample 35c.

Hygienic Review, \$4 a year. Herbert Shelton, Editor, Box 1277, San Antonio, Texas.

California Homeowners, quarterly, \$2 a year. 1561 N. Gower, Los Angeles 90028

Dairy Goat Journal, monthly, \$2 a year. Box 836, Columbia 35, Mo.

American Rationalist, \$4:50 a year, liberal religious viewpoint. Box 742, St. Louis, Mo.

Mankind Go Home, by Russel Jaque, simple life, handcrafted, \$2 from School of Living.

Go Ahead and Live! 200 page record of young couple's effort to set up a homestead and solve living problems, by M. J. Loomis and others. \$4 from School of Living, Brookville, Ohio.

Nest Eggs, cont'd

and some mental anguish, we are getting by.

I do not own a woodlot. I clean out neighbors' woodlots and hedgerows, and get wood for the

Our choice to live in partial poverty

Is but the means, an end for to achieve.

The end is having time in which to live

The way we wish, a life where we are free

Of regular hours, where time is unimportant.

Yet where there is the time a plenty to

Help our garden flourish and children grow,

Time to absorb the smell of pungent woodsmoke.

Time for poetic living is our intent.

The means must be the vehicle to obtain this,

Must be poetic and practical as well.

Simple living, the means to cut expenses.

Less time spent in earning may be spent

Loafing and inviting the muse and soul.

—By Dudley Laufman, in *Sonnets That Examine The Simple Life*

work. We get quite a bit of free meat. A poet, musician and countryman attracts many people to the door. They come to talk, see, listen, and usually to stay for a meal or two, and usually they bring something with them. This is a nest egg.

When I first embarked on the good life, I was filled with youthful enthusiasm, and perhaps announced my feelings too soon and too flowery. Because of this, I got shelved with other good lifers as a zealot. I wish I had not been so hastily outspoken. But I do feel that rural life has much to offer many people, be they peaceniks, artists, back to earthers, or all three. Whatever help I can offer regarding housebuilding, gardening and the like, I will be glad to do so.

—from *The Greenleaf*