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Pennsylvania Counseling Association (PCA)

5-20-2005

2005-05-20 PCA Agenda

Pennsylvania Counseling Association

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Pennsylvania Counseling Association PCA
Agenda
May 20, 2005

10:00 A.M. – 1:00 P.M.

Reports

Secretary – Ami Hooper-Knox - Roll Call, Minutes from February 18, 2005

President – Shon D. Smith

Past President – Brad Janey

President-Elect – Connie Matthews

Treasurer's Report - Susan M. Thompson

Administrative Coordinator – Becky Willow

Consent Agenda

Chapters

Greater Pittsburgh Counseling Association - Mary Matlak

Divisions

PAAOC
PACES
PAGLBTIC
PAMFC
PAMCD
PSCA
PASERVIC
PASGW

Committees

Archives
Awards
Conference
Ethics/Bylaws
Government Relations
Graduate Students
Journal
Marketing
Public Relations
Membership
Professional Development
Newsletter, PCA, Inc.
Regional Coordinator
Legislative Advocate

Old Business
PAMHCA division status vote
Life Time Achievement Award (Renamed – Dr. David Hall)
Executive Director
Publications
Webmaster
PANO
Passing of the Gavel

New Business
NEPCA - Presentation
PaCCA – Presentation
CAGP - Presentation
Division training
Policy and procedure recommendations for the utilization of the Keystone Fund
Recommendations for the utilization of the increased Membership dues
Membership Proposal

Adjournment

From: Jafcabn@aol.com

Subject: FYI ~ Rx

Date: May 16, 2005 5:30:59 PM EDT

To: luback@verizon.net, LeeB42@aol.com, bobsib@supernet.com, Burelbach287@aol.com, compumom@webtv.net, pmfirey@earthlink.net, iam.festus@verizon.net, Hahnandgarden@aol.com, james@hollenbaugh.net, beablessing@pocketmail.com, pokey1934@msn.com, twinkleton22@juno.com, ram1041@peoplepc.com, caarmil@innernet.net, richnomill@earthlink.net, donmitch@uplink.net, GeraldPawpaw@aol.com, Wcr44@aol.com, ascaccia@sc.rr.com, RJSteacherJKS@aol.com, soudia@email.msn.com, dfwest@earthlink.net, dbwilliams@usnetway.com, Mtmyeager@aol.com

Rx Information to consider

Celebrex 100 mg

Consumer price (100 tablets): \$130.27
Cost of general active ingredients: \$0.60
Percent markup: 21,712%

Claritin 10 mg

Consumer Price (100 tablets): \$215.17
Cost of general active ingredients: \$0.71
Percent markup: 30,306%

Keflex 250 mg

Consumer Price (100 tablets): \$157.39
Cost of general active ingredients: \$1.88
Percent markup: 8,372%

Lipitor 20 mg Consumer Price (100 tablets): \$272.37

Cost of general active ingredients: \$5.80
Percent markup: 4,696%

Norvasc 10 mg

Consumer price (100 tablets): \$188.29
Cost of general active ingredients: \$0.14
Percent markup: 134,493%

Paxil 20 mg

Consumer price (100 tablets): \$220.27
Cost of general active ingredients: \$7.60
Percent markup: 2,898%

Prevacid 30 mg

Consumer price (100 tablets): \$44.77
Cost of general active ingredients: \$1.01
Percent markup: 34,136%

Prilosec 20 mg

Consumer price (100 tablets): \$360.97
Cost of general active ingredients \$0.52
Percent markup: 69,417%

Prozac 20 mg

Consumer price (100 tablets) : \$247.47
Cost of general active ingredients: \$0.11
Percent markup: 224,973%

Tenormin 50 mg
Consumer price (100 tablets): \$104.47
Cost of general active ingredients: \$0.13
Percent markup: 80,362%

Vasotec 10 mg
Consumer price (100 tablets): \$10237
Cost of general active ingredients: \$0.20
Percent markup: 51,185%

Xanax 1 mg
Consumer price (100 tablets) : \$136.79
Cost of general active ingredients: \$0.024
Percent markup: 569,958%

Zestril 20 mg
Consumer price (100 tablets) \$89.89
Cost of general active ingredients \$3.20
Percent markup: 2,809%

Zithromax 600 mg
Consumer price (100 tablets): \$1,482.19
Cost of general active ingredients: \$18.78
Percent markup: 7,892%

Zocor 40 mg
Consumer price (100 tablets): \$350.27
Cost of general active ingredients: \$8.63
Percent markup: 4,059%

Zoloft 50 mg
Consumer price: \$206.87
Cost of general active ingredients: \$1.75
Percent markup: 11,821%

Since the cost of prescription drugs is so outrageous, I thought everyone I knew should know about this. Please read the following and pass it on. It pays to shop around. This helps to solve the mystery as to why they can afford to put a Walgreen's on every corner.

On Monday night, Steve Wilson, an investigative reporter for Channel 7 News in Detroit, did a story on generic drug price gouging by pharmacies. He found in his investigation, that some of these generic drugs were marked up as much as 3,000% or more. Yes, that's not a typo ... three thousand percent! So often, we blame the drug companies for the high cost of drugs, and usually rightfully so. But in this case, the fault clearly lies with the pharmacies themselves. For example, if you had to buy a prescription drug, and bought the name brand, you might pay \$100 for 100 pills. The pharmacist might tell you that if you get the generic equivalent, they would only cost \$80, making you think you are "saving" \$20. What the pharmacist is not telling you is that those 100 generic pills may have only cost him \$10!

At the end of the report, one of the anchors asked Mr. Wilson whether or not there were any pharmacies that did not adhere to this practice, and he said that Costco, Sam's Club and other discount volume stores consistently charged little over their cost for the generic drugs. I went to the discount store's website, where you can look up any drug, and get its online price. It says that the in-store prices are consistent with the online prices. I was appalled. Just to give you one example from my own experience, I had to use the drug, Comparing, which helps prevent nausea in chemo patients. I used the generic equivalent, which cost \$54.99 for 60 pills at CVS. I checked the price at Costco, and I could have bought 100 pills for \$19.89. For 145 of my pain pills, I paid \$72.57. I could have got 150 at another discount store for \$28.08. I would like to mention, that although these are a "membership" type store, you do NOT have to be a member to buy prescriptions there, as it is a federally regulated substance. You just tell them at the door that you wish to use the pharmacy, and they will let you in.

I am asking each of you to please help me by copying this letter, and passing it into your own email, and send it to everyone you know with an email address.

Sharon L. Davis, Budget Analyst, US Department of Commerce Room 6839

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