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### 2005-05-13 PCA PASERVIC Retreat Art Therapy Training

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# **PASERVIC RETREAT ART THERAPY TRAINING**

*Facilitator: Sue Reilly, MA, LPC*

## **PART-I – MY INTRODUCTION**

- A. GROWING UP AS THE YOUNGEST CHILD**
- B. KEEPING MYSELF ABSORBED**
- C. MAKING GOOD USE OF SPARE PARTS/ NUTS, BOLTS, OIL PAINTS WITH A LITTLE IMAGINATION**
- D. APPRECIATION FOR NATURE AND EXPRESSING IT AS ART**
- E. 1964 WORLDS FAIR - PEARL DIVERS & THE PIETA**
- F. 1979 JEANNE & RODIN METHOD OF SCULPTURE**
- G. 1980 PLAZA ART LEAGUE & 6,000 LB. STONE MONUMENT**
- H. 1984 EMILE & MICHELANGELO**
- I. 1991 DESIGNING & USING ART THERAPY – CCI & CAI & BETHESDA ALTERNATIVE SCHOOL**
- J. OTHER BACK DOOR APPROCHES - HYPNOSIS**

## **PART II – REVIEW OF ART THERAPY LITERATURE**

- A. What is effective?**
- B. What is ethical?**
  - 1. How does it look?**
  - 2. What does it mean?**
  - 3. In the strictest sense how do we interpret the work/**
  - 4. Can a therapist do more harm than good going by the book?**
  - 5. What is the most good that can be derived from this method? The process? The meaning? Or the interpretation?**
- C. Does one need to be an artist to be an effective art therapist?**
- D. Does one need to be a therapist to be an effective art therapist?**
- E. Does art therapy enhance one's life?**
- F. Does art therapy increase one's longevity?**
- G. Does art therapy give meaning and purpose to one's life?**

## **PART III – CLAY WORK**

### **A. HOW TO PREPARE THE CLAY**

- 1. WEDGING**
- 2. KEEPING IT MOIST**
- 3. COVERING A PIECE WITH A DAMP CLOTH & A PLASTIC BAG**
- 4. HOLLOWING OUT THE CENTER IN A LARGE PIECE**
- 5. PIERCING THE PIECE FOR GAS SEAPAGE**
- 6. ALLOWING ENOUGH TIME TO DRY THE PIECE SLOWLY**
- 7. FIRING**
- 8. THE PATINA – THE SECRET**
- 9. PREPARING A PROPER BASE**

## **PART IV - GRIEFWORK (+LOSS) THROUGH ART (CLAY) EXPERIENTIAL WORKSHOP**

- A. COMPLETION**
- B. PROCESS**
- C. CLOSURE**