

Plans Being Made for New Center

Mildred Loomis

THE GREEN

FOR HOMESTEADERS, ON-TO-THE-LANDERS,
AND DO-IT-YOURSELFERS



REVOLUTION

SCHOOL OF LIVING, BROOKVILLE, OHIO 45309
PUBLISHED MONTHLY

Volume 4, Number 6

June, 1966

25c per copy, \$3 per year

Disruption of Coles' Home Schooling Stirs Our Readers

Active reader concern over the interruption of the home schooling of the Darrel Cole children, Bear Lake, Mich., (reported in May *Green Revolution*) began reaching us just before this month's deadline.

O. T. Plumb, Streator, Ill., offered to pay attorney fees and court costs for the Coles, if they contested the action of school and police officials who forced them to discontinue their first grade work at home. The three sons were progressing under Margaret Cole's teaching, with the Calvert Home Study Course and Phonovisual Methods. "It is time this issue was faced in the courts," wrote Mr. Plumb. "I wish the Coles would pursue it."

The American Civil Liberties Union wrote that home education was definitely a right of parents. While they had sent letters of encouragement and approval to some Detroit parents in similar circumstances, they had no record of actual support in court cases on this matter.

A Maryland reader said, "The May *Green Revolution* interested us because our thoughts are now focused on schools and education and their present unsuitability for many children. When I think of what our high-schooler must face during the next four years, I experience a mixture of nausea, outrage and anger. Our second-grader's problem will last just that much longer, unless we are able to find or create an alternate solution to compulsory education."

Need Organization

Rev. Eugene Kreves, Naperville, Ill., admires the peaceful individualist experiment of the Coles, and believes their experience should lead others who value freedom from coercion to plan effective organization to achieve better than public education.

"The state's power through

compulsory education to control the minds of children," writes Rev. Kreves, "and to replace parental influences and values is most difficult to counter. Part of the difficulty of the nonconformist is lack of working relationships with like-minded persons. I believe there is a partial answer in more effective organization, though we must admit that the state is still able to intercede and interfere with the rights of minorities even when organized, as in the case of the Amish in Eastern Iowa (and elsewhere). But our individual efforts can be much more effective if we relate them to the efforts of others who share our values."

Regional Schools of Living

Mr. Kreves continues: "Suppose that a pattern of regional organization for the School of Living was implemented. Divide the United States and Canada into regional units. Let member-families in these areas pay a membership fee to the School of Living (say, for instance, \$25 annually from individuals and \$50 per family, with a certain portion retained at the national center and a certain amount going to the regional office). Suppose each regional grouping were encouraged to set up a School of Living community in which families could cooperate on their own private school for children. Let each regional grouping also maintain contact with member-families not living within the School of Living community, especially those teaching their children at home.

"Suppose the state would disrupt their private family educational programs and such families could not afford a private school. Would it not be a creative effort for such families to find some very small out-of-the-way and off-the-beaten-path school (continued on page 2)

Intentional Community Conference Scheduled June 18-26 At Center

A nine-day meeting is announced at Heathcote Farm, School of Living Center, near Freeland, Md., for anyone experienced or interested in intentional community. Speakers have been invited, but attendants will choose discussion topics, plan the agenda and create the dialogue that thoughtful and concerned persons find meaningful today.

The initiating committee consists of Abigail Grafton, Bruce Elwell and Ben Zablocki. They anticipate that many types of intentional community will be described and evaluated—political, religious, non-religious, urban and rural.

Attendants are asked to be prepared to camp (bring bedding) or sleep in the Old Mill (some mattresses available); meal preparation will be shared and costs prorated, with a charge of \$1 per person as registration and service charge for use of the Center. Some creative work projects will be developed.

Youth Faces Problems

Abigail Grafton has been active in New York City School of Living meetings during the past winter. She says, "We live in a nation that has the material wealth to make everyone healthy, and uses it to keep everyone sick. We have the power to keep the peace and we

make war. Our people are cut off from their own life and feelings. However, we are a generation with greater knowledge of human psychology than any before. It is incumbent upon us to use our insight upon our disease. We must turn to the problem of well-being, and build communities in which people are ends, not means." For further information, write her at 170 E. 2nd St., New York City.

Ben Zablocki, editor of *Intentional Community Newsletter*, (Box 281, Baltimore, Md. 21303) adds, "Our ultimate goal is a world in which all people are involved with their entire selves in lives that are lived as ends in themselves. This is utopia. But the smallest social unit in which one can be totally committed to action which encompasses all human needs is the community. And since communities of this sort don't exist, it is necessary to build them."

Bruce Elwell (1134 Pine St., Philadelphia) believes that "Attempts at intentional community activity seek to be part of the answer (true social change) and must be started, supported and analyzed as never before. Unlike the ones that have failed, our 'revolution' must be human."

Take bus or Highway 83 to Maryland Line, Md. Farm phone, 301-357-5723.

To Florida and Back, Part III—

Students and Staff Operate School; Self-Regulation Is Key to Freedom



Scenes from Green Valley School, Orange City, Fla.

By Mildred J. Loomis

Green Valley School, directed by George von Hilsheimer, an adaptation for high-schoolers of the English Summerhill plan, centers in the 100 acres and building of a former monastery in north central Florida, near Orange City. Luke Carpenter, teacher and friend of youngsters there, described their program at our School of Living conference in Melbourne in late January. Three of us drove to the school later, for an overnight visit.

We didn't attend any classes. In fact, much of the work is done by the tutoring method, each student planning with a teacher and pursuing his work at his own pace and initiative. We noted various groups playing handball, preparing supper, setting tables, driving a stripped-down car, studying. In conversation we found them eager, friendly, intelligent. They helped us inspect and explore a student-constructed geodesic dome, which eight of them use for a dormitory. We visited the craft shop where students plan and carry out interesting projects. We did not find any gardening or planting going on.

Public Relations

I wanted to know how the local community felt about them, and was pleased to discover that the County Board of Education had asked to enroll three youngsters (incorrigibles, whom they couldn't handle) at Green Valley. This is quite a contrast from their first year (1962) in Tennessee, when neighbors descended on Green Valley at night, shot at them and forced them to move. That the youngsters are seriously concerned about public relations and the school's reputation came out in the student-staff meeting after breakfast, called House of Commons.

At the time of our visit there were about 75 students and 17 staff, both soon to be doubled

by addition of the New York Summerlane School to this campus. All staff members serve without salary, and share in the ownership and operation of the enterprise. Mr. Carpenter, math teacher, works in and manages the kitchen; Prof. Skip Rutherford has building and grounds; etc. Students pay a tuition in proportion to ability and assist in the work (cooking, management, cleanup and maintenance). A wealthy friend and contributor also works closely with Green Valley.

Formerly, when all students were on work crews, much time went to motivation and supervision of those not interested. So students and staff agreed to make work voluntary; those who did not want to work became the House of Lords and those who did formed the House of Commons. At stated times and conditions one could move from one to the other group.

House of Commons

In the larger dining room, some 40 persons gathered at 9 o'clock, Luke Carpenter presid-

ing. A student secretary called the roll, and Luke asked, "Any problems?"

"Larry had some beer on the grounds last night," announced Buckley. This was obviously already known to everyone but me. A student-made rule had been violated.

"What do you propose should be done about this?" (from Luke).

Ideas came quickly: "Give Larry an enema with beer." "Take away his home-leave on Washington's birthday." "Give him a room next to Skip (Rutherford) so he can check when Lar-

(continued on page 3)

May Be In "This Week"

In consultation with the editor of *This Week*, a widely syndicated Sunday supplement, Rose Smart, Sycamore Hollow Homestead, is preparing an article that may appear in the supplement during July, when a Homestead Festival is under way (July 1-4) at their and adjoining homesteads. (See program in the May issue of *Green Revolution*.)

Entitled "Modern Homesteading," the article will be illustrated by views from this new-old way of life from the Smart homestead, Lane's End and other homesteads in California, Iowa and Pennsylvania.

Indications are that a most interesting and worthwhile three days will develop at the Homestead Festival over the July 4 long weekend on the Smart, Loomis and Musgrave homesteads. From nearby and from afar, people are planning to attend. If you can share in this informal weekend (camping and roughing it for the most part), please send us advance notice (and \$1 per adult or \$2 per family), to: Rose Smart, 4998 Twin Creek Road, West Alexandria, Ohio. You will receive a map of the local area and a full program.

Plans Being Made For New Center

Readers and members are responding actively to the big news (in May *Green Revolution*) that School of Living trustees are committed to purchase part of Heathcote Farm, near Freeland, Md., for a new School of Living center and community. The 150-year-old, three-story stone building (one wing now habitable), known as the Old Mill, and an area of some 40 acres (previously reported as 30) have been offered by the owners, Mr. and Mrs. W. B. Anacker, for \$15,000.

Significant Steps to be Taken

Officers and involved persons are now busy with plans, sur-

(continued on page 4)

Plans Being Made, cont'd

veys and reports, to be presented in full a little later and discussed at the annual workshop to be held at the Center, Aug. 24 through Aug. 28, and voted on at the annual members' meeting on Saturday, Aug. 27. All members are urged to attend this important meeting. Families may arrive earlier than the 24th, for camping and assistance in work projects and renovation under way.

Workshop Program

Beginning on Wednesday, Aug. 24, each morning will be given to conference and discussion on "The Type of Educational Program We Can Best Develop" at this new center.

Each afternoon we will discuss the practical and philosophical aspects of "The Type of Community We Want to Develop Here."

Send in your suggestions, questions, indication of interest before that time, and make sure you are present at the workshop and annual meeting.

Particularly, those who have any thought of joining this (or any other) intentional community should attend. But all who want a more vital education in this country can well attend, and welcome, here to express and help guide a new experiment.

Education Committee At Work

Ten persons have joined Mrs. Loomis, director of education, in correspondence on the nature of the educational program we want. Any who would like to

share in this, please let us know. This committee will not finalize plans, but wants to face and discuss possibilities, and submit some plans for re-discussion at the workshop.

Technical Help Available

Preliminary to and during our workshop we will have able architectural, legal and other assistance. We are particularly pleased that Ken Kern of Sierra Homestead, Oakhurst, Calif., will be present to help in surveying and physical layout, suggest and design possible homesteads, etc.

Finance Committee

One of the crucial matters is the successful financing of the property. A committee to plan and supervise this consists of Harold Lefever, Hugh Graham, Philip Smith, Bill Anacker and J. I. Smith.

Now is the time for all good members to come to the aid of the School of Living. We think of ourselves as a libertarian group. This means member-involvement, participation, decision. It does not mean lack of organization. But it means a minimum of leader control, and little or no "authoritarianism." We have been a long time, slowly developing toward some significant outreach. We can achieve only what concerned people working together make possible from now on.

Send us your ideas. And watch for important report, ballot and other vital matters which need your attention and your action.

New Book, cont'd

was avoided and the discomfort stopped dramatically. I considered this all to the good. Later I wondered whether controverting the natural effect was the thing to do, inasmuch as inflammation (like fever) is a curative procedure. Are we "impatients" rather than "patients," as Clark says? Opinions, please?

Natural Healing vs. Drugs

America, it is conceded, is the most over-medicated, over-populated, over-inoculated country in the world, but the world is fast catching up. Nutrition is the slower way, the basic way, the preventive way. Few ills, even cancer, are primary, as Dr. Quigley says. What the immediate cause is makes little difference. The body's natural regulatory mechanisms will fail if there be irrational and/or deficiency factors. The author is against gimmicks, even nutritional ones, as the natural way is the total way. One physician acknowledged that he has "cured more people by taking away drugs than by giving them." Drugs cannot be assimilated, though they may be absorbed. The recurrent theme is: Build up the resistance; never mind about the disease. Even the American Medical Assn. warns against at least 72 drugs, and the book quotes a London physician of standing who states that drugs are 90% useless. A Peter Bent Brigham factotum flatly states that there is no such thing as a safe drug. To those who contend that drugs have eradicated communicable diseases, that same London physician credits social engineering, not drugs.

Rationale of Herbs

For some time I pondered the rationale behind the use of herbs and other natural remedies. Don't these also treat symptoms, as do drugs? *Get Well Naturally* brought it into focus. Drugs act to relieve pain. Herbs provide the missing nutrients, the lack of which made the body a prey. Toad skins, thought to be pure superstition, were discovered to contain ephedrine! More and more one sees that nature will not play second fiddle to science—no matter how exalted its exponents may be. Until man formulates a water compound an ocean fish can live in, until he duplicates a blade of grass, his vaunted pride is hollow.

The chapter entitled "Who Is

to Blame?" is a shocking indictment against that part of The Great Society which reasons that there is no money in prevention, and Linda Clark takes up where Dr. Gillow left off in her *A Doctor Dares to Tell*. She reiterates the theme of Sir Lionel Picton's *A Medical Testament*. She is a prophetess like Brian Inglis, and her plea is, like his in *Fringe Medicine*: Does it help?

Now I'm going to start to read the book again.

Our Readers Like Go Ahead and Live!

Go Ahead and Live! reached the market in March 1965. In large media, 150 copies to regular reviewers brought no response. Mrs. Loomis and the School of Living had wonderful cooperation from 25 smaller-audience journals (the most recent reviews were by Eleanor Woods in January *Humanist* and Dorothy Samuel in May 1966 *Fellowship*). Now we report that the 600 copies necessary to return the personal investment to secure publication have been sold through School of Living, and 150 copies sold by the publisher (Philosophical Library).

Readers continue to send approving comments:

"*Green Revolution* is my favorite reading matter, and everything in *Go Ahead and Live!* makes sense to me. Send a copy to my father." — Diane Porter, 833 N. Central, Claremont, Calif.

"We're Humanists, and weary of meetings, organizational work and talking. We're interested in living the way we talk about and finding out if *Go Ahead and Live!* opens such doors." — J. & J. M., Cleveland, Ohio.

"I'm studying your fine book. If parents would read this and then get their children to study it as diligently as they are 'forced' to study college texts, more young people and their parents would omit college and go ahead and live! . . . School of Living is in the forefront of a real revolution in education." — W. C. Lloyd, 310 N. Broad, Burlington, N. C.

We'd appreciate your help in finding more readers for *Go Ahead and Live!* Does your library have a copy?

We have some extra copies of the April-May issue of *A Way Out*, on war and peace. 50¢ each to any name and address.

School of Living Center News

Heathcote Road, Freeland, Md.

It has been a wet, gray spring in the area of Heathcote Hollow. Between the raindrops our efforts have centered on preparing the two large garden areas, with the indispensable aid of our Gravelly tractor. We've also concentrated on destoning the sloping rocky terrain (still far to go) and on an intensive daily extermination routine aimed at the prolific groundhog population. This won't take care of birds or rabbits but we go ahead with planting on faith that last year's ravages were due mostly to the pesky groundhogs. The garden planting is at about the halfway mark, due to be finished this last week of May, weather permitting. Large-scale mowing and cleanup details proceed simultaneously. Further essential indoor work, especially in the bathroom, commands Ken's attention before his next absence.

Other personal aspects of the Sprague-Hamilton partnership (Ken, known to some of you as Walter, and Dee were married in March), such as health and economics, have taken their share of time and energy. The organ business will very shortly take Ken to Illinois and Arkansas for four to six weeks, on his necessary spring rounds. Meanwhile, Dee and the three young Hamiltons will carry on quietly with whatever help may appear, including the Youth Rally scheduled June 18-25.

—Ken and Dee Sprague

Raise Your Own Rabbit Meat; It's A Good Homestead Project

By Rose Smart

Did you know that one buck rabbit and three does will produce as much meat in a year as one cow will produce? Did you know that Americans are eating fifty to sixty million pounds of rabbit meat each year and asking for more? Did you know that the care of a few rabbits is child's play; that your ten-year-old can do it? (Our David takes complete care of his 12-lb. doe, "Nibbles," for a 4-H project.)

There are a number of advantages to raising rabbits rather than raising beef. The units are smaller, thus less expensive to acquire and to lose, should you lose one. The housing for a doe and young is approximately two by four feet; and the quarters are easy to clean. The meat is spaced out over the entire year, a saving on the freezer bill. Rabbit meat can be used in any way that chicken can be used.

Rabbit History

The original home of the rabbit is believed to have been the western borders of the Mediterranean Sea. Domesticated rabbits were mentioned by the early Greek and Roman writers; the Romans introduced rabbits to England and the English introduced them to Australia (but we won't talk about that). The Chinese used rabbit as early as the time of Confucius. The Easter bunny dates back to a charming legend which tells that the rabbit was once a bird and in gratitude for being changed to its present form it promised to lay eggs every spring for the festival of the goddess who made the magic change.

Probably the greatest alteration in the rabbit since that one is the change in size from an average of 3 lbs. in the wild to as much as 18 lbs. for the Flemish Giant breed. There are upwards of 50 different breeds, with no single breed being best for "all purpose." We shall consider only two 9 to 12-lb., meat-producing breeds: the New Zealand Red or White and the California.

Rabbits Are Popular

If you have never raised rabbits, you may be surprised on looking around you in rural and semi-rural areas to see how many people are raising rabbits in neat little elevated hutches in backyards, garages and barns. Scout around and find these people; talk to them; watch them work with their rabbits. Ask questions. They won't mind (if you keep your visit under a half-hour, that is). When you do get to the point of buying breeding stock, buy from the man who has clean hutches, healthy and clean animals and keeps records. This man will be able to tell you to the penny how much it costs him to raise a pound of rabbit meat in your area. Our cost is well under the cheapest hamburger, with the advantage of our knowing what an animal was fed.

Rabbit Hutches

Do not come home with a rab-

bit the first time you go out scouting. They are not house pets; they need adequate quarters. I think I will be safe in saying that you will be most unhappy if you do not provide proper housing before you bring home your first rabbits. Though they seem docile, they can and do gnaw through cartons, baskets and crates, and the rabbit you paid good dollars for may be killed by your neighbor's dog or may escape to go back to the wild.

Proper housing does not mean that you have to purchase the most expensive hutches going (all-wire cages with cleaning trays underneath). Unless you run across someone who is going out of the rabbit business, someone who will sell these excellent cages at five or ten cents on each dollar they originally cost, you would be wiser to build your own cages of wood. The wooden cages we built nine years ago are still going strong and probably will be as long as we are.

Some of the rabbit raisers you visit will be using wooden cages and from these you can get an idea of size, construction, roofing if needed, doors and fastenings. Why not write the Bureau of Publications, in Washington, D. C., for the latest material on rabbit raising and housing? Or get some material from your county agent? Or, if you can wait until next month I'll try to draw you a picture (with words) from my son's 4-H project book.

Helps For Seekers

Fortunately seekers are not all alone. There are Rodale's *Prevention and Organic Gardening* (Emmaus, Pa.), for nearly 20 years highlighting the preventive ways, and the School of Living which helped get the trend started. There's Dr. Joe Nicholas and Natural Food Associates in Atlanta, Tex.; *Let's Live*, 6015 Santa Monica, Los Angeles; *Herald of Health*, Lamoni, Ia.; Natural Health Federation, 211 W. Colorado, Monrovia, Calif.; *Modern Nutrition*, 234 E. Colorado, Pasadena, Calif.; *Shelton's Hygienic Review*, Box 1277, San Antonio, Tex.; and many others both here and abroad.

And there are the good books by Catharyn Elwood, Linda Clark, Adelle Davis, Agnes Toms, Beatrice Trum Hunter and scores of others.

And for those in a hole, you can't find any other way to help them get out, try handing them Brian Inglis' amazing book, *The Case For Unorthodox Medicine*. This book is pretty well guaranteed to make the followers of orthodoxy furious, and perhaps furious enough to look elsewhere for answers to illness. Most of these books can be found in the School of Living Library, and in the Hatch Loan Library (St. Johnsbury, Vt.). It's an exciting world—if you're healthy!

In and Out, cont'd

ill wherever they are—more—more of what we have.

But how can it be accomplished when the big complaint today is that we haven't enough doctors and nurses with the present system? Women are not even interested in joining the nursing profession any more. "It's a job for a slave," they say. So the big thing is we're going to have male nurses called Medical Assistants. I've heard of women wearing the pants, but this is a switch!

Getting Out of the Hole

What do you do when you have a multi-million-dollar business with a vast body of skilled people involved and you're all down in a hole and can't get out? (Why am I reminded of an Aesop fable?) Some "brain" will come along and tell you, "Pick up your shovels and dig deeper and learn to live down there." Yet another will advise, "While down in that ridiculous hole, let's see if we can figure out a way to dig out and stay out."

Today, the man who represents the latter must pretty well do his own research and experimentation and go it alone. Perhaps a day will come, before it's too late, to salvage something of this disgraceful sickness scandal, a time when prevention ideas will come into vogue. Meanwhile we all have friends and relatives who are headed for an early grave. We must tell anyone who will listen how to stay out of the hole of sickness and death.

Mental Aspects Of Healing

A student of health and healing cannot fail to wonder about many types of therapy and approaches to healing, all of which have, at times, "worked" and produced good results. This aspect is high-lighted in Linda Clark's new book, on *Get Well Naturally*. One speculates on how this can be so. Therapies of seemingly opposite natures get results.

One speculates, and concludes that the human body, its processes and interactions are still very "mysterious." Healing is still something that goes on largely aside from or in spite of all that "we" do.

A new book which emphasizes an age-long finding of human experience makes one ask whether "believing" in a cure or a therapy is largely the reason it "works." This is *Psycho-cybernetics*, a new technique for using your subconscious power, by Maxwell Maltz. (Wilshire Paperback, \$1, after June printing.) Here one sees again, with amazing wealth of documentation, how one can use the conscious mind to influence, guide and effect the subconscious, to achieve, in many cases, astounding results. Results come in personality change, in health and body well-being, even in external goals.

The key to this "magic," says Dr. Maltz, is that the subconscious does not know the difference between an imagined situation and a real experience. Its "power" and function is to produce what the objective conscious mind instructs it to do. Hence, if one systematically and continuously directs the subconscious to specific tasks, results will inevitably come to pass. Instructions are outlined and explained in the book.

Suppose one does not have any set program of directing the unconscious, but thoroughly believes in some therapy, some action or person. Then one is really "unconsciously" directing the subconscious, and these results come about. Dr. Maltz shows the similarity of human brains to computers. It's a fascinating book that many have found useful.

In my view, *Normal Neurosis*, by Putney, discussed in previous issues of *Green Revolution*, lays a groundwork for valid use of the psycho-cybernetic technique. Once one understands the dynamics of self-image, as per Putney, one could use the subconscious to reinforce deliberate goals.—MJL